



CENTER OF LIGHT FOUNDATION

~ Fire • Clarity • Action ~



Sarasota, FLA

November 3, 2020

1
00:04:52,160 --> 00:04:55,610
so

2
00:04:55,620 --> 00:05:18,230
[Music]

3
00:05:18,240 --> 00:05:22,230
good morning good morning

4
00:05:25,110 --> 00:05:23,749
my name is keith anthony blanchard my

5
00:05:29,510 --> 00:05:25,120
spiritual name

6
00:05:33,510 --> 00:05:31,110
your spiritual you may have a different

7
00:05:35,510 --> 00:05:33,520
spiritual name vibration of

8
00:05:38,469 --> 00:05:35,520
being in the vessel

9
00:05:40,150 --> 00:05:38,479
but ultimately as we

10
00:05:42,870 --> 00:05:40,160
move inward

11
00:05:45,270 --> 00:05:42,880
upward which is forward toward

12
00:05:48,230 --> 00:05:45,280
the greatest possibility it's really not

13
00:05:49,909 --> 00:05:48,240

a linear motion from where we are

14

00:05:52,390 --> 00:05:49,919

to where we think we're going because

15

00:05:53,830 --> 00:05:52,400

even though the journey does imply we're

16

00:05:55,430 --> 00:05:53,840

going forward

17

00:05:58,469 --> 00:05:55,440

ultimately it's going to take us right

18

00:06:00,870 --> 00:05:58,479

back to here right back where you are

19

00:06:03,510 --> 00:06:00,880

and where you are

20

00:06:08,950 --> 00:06:03,520

essentially is seated in the soul the

21

00:06:13,990 --> 00:06:12,390

just a shortened aspect of that

22

00:06:15,510 --> 00:06:14,000

god the most

23

00:06:17,189 --> 00:06:15,520

popular most profound name in the

24

00:06:18,870 --> 00:06:17,199

universe

25

00:06:19,670 --> 00:06:18,880

john

26

00:06:27,350 --> 00:06:19,680

or

27

00:06:29,830 --> 00:06:28,390

um

28

00:06:33,350 --> 00:06:29,840

buddha

29

00:06:33,830 --> 00:06:33,360

krishna ah someone

30

00:06:35,350 --> 00:06:33,840

i have to tells

31

00:06:36,469 --> 00:06:35,360

it to you two three times but when you

32

00:06:37,830 --> 00:06:36,479

get it you say

33

00:06:40,950 --> 00:06:37,840

ah

34

00:06:42,550 --> 00:06:40,960

right and and that is enlightenment

35

00:06:43,749 --> 00:06:42,560

because ah

36

00:06:45,590 --> 00:06:43,759

i get it

37

00:06:47,510 --> 00:06:45,600

ah so ya

38

00:06:50,150 --> 00:06:47,520

itself would be the heart

39

00:06:52,070 --> 00:06:50,160

the fire the passion

40

00:06:53,430 --> 00:06:52,080

the muscle the might

41

00:06:55,909 --> 00:06:53,440

god itself

42

00:06:57,350 --> 00:06:55,919

everything you want

43

00:06:59,990 --> 00:06:57,360

we think we want

44

00:07:03,589 --> 00:07:00,000

it can be found here in the nothing and

45

00:07:06,150 --> 00:07:03,599

in that nothing is everything

46

00:07:10,070 --> 00:07:06,160

isn't that something

47

00:07:11,970 --> 00:07:10,080

so this would represent the fire of god

48

00:07:19,830 --> 00:07:11,980

yah

49

00:07:22,240 --> 00:07:21,270

how you like that for synchronicity

50

00:07:23,830 --> 00:07:22,250

alignment

51

00:07:25,110 --> 00:07:23,840

[Music]

52

00:07:27,350 --> 00:07:25,120

na

53

00:07:31,350 --> 00:07:27,360

is the mind

54

00:07:39,189 --> 00:07:33,130

the mind moves this way

55

00:07:40,870 --> 00:07:39,199

[Music]

56

00:07:42,870 --> 00:07:40,880

let me go back to now now would be the

57

00:07:48,150 --> 00:07:42,880

mind hopefully one of clarity

58

00:07:51,510 --> 00:07:50,390

clarity

59

00:07:55,990 --> 00:07:51,520

the

60

00:07:58,869 --> 00:07:56,000

that keeps us erect

61

00:08:01,029 --> 00:07:58,879

upright the ability to stand

62

00:08:02,230 --> 00:08:01,039

just the ability to stand in times of

63

00:08:04,309 --> 00:08:02,240

trouble

64
00:08:06,550 --> 00:08:04,319
someone who might be in a wheelchair who

65
00:08:07,990 --> 00:08:06,560
has an upright va

66
00:08:09,110 --> 00:08:08,000
is standing and they're standing very

67
00:08:10,070 --> 00:08:09,120
strongly

68
00:08:12,230 --> 00:08:10,080
right

69
00:08:14,469 --> 00:08:12,240
so it's not about the mitsu it's about

70
00:08:16,790 --> 00:08:14,479
who you are as a divine child about who

71
00:08:20,230 --> 00:08:16,800
you are as a divine being

72
00:08:22,790 --> 00:08:20,240
regardless if the mind is clear or not

73
00:08:26,790 --> 00:08:22,800
let's say the mind is not clear the same

74
00:08:28,790 --> 00:08:26,800
amount of fire power god will

75
00:08:29,909 --> 00:08:28,800
is going to push through the unclear

76

00:08:31,909 --> 00:08:29,919

mind

77

00:08:33,509 --> 00:08:31,919

you will become no more powerful when

78

00:08:36,070 --> 00:08:33,519

you're enlightened

79

00:08:38,389 --> 00:08:36,080

than when you are when you aren't

80

00:08:41,029 --> 00:08:38,399

there's no difference the same fire

81

00:08:42,230 --> 00:08:41,039

pushes through the clouded filter

82

00:08:45,190 --> 00:08:42,240

as it will

83

00:08:46,810 --> 00:08:45,200

through the mind of clarity

84

00:08:47,990 --> 00:08:46,820

it's just that when we're clear

85

00:08:50,230 --> 00:08:48,000

[Music]

86

00:08:52,150 --> 00:08:50,240

and it becomes clear

87

00:08:53,670 --> 00:08:52,160

everything we want simply begins to

88

00:08:55,590 --> 00:08:53,680

reveal itself because it's not something

89

00:08:57,350 --> 00:08:55,600

you're actually bringing to you

90

00:08:58,870 --> 00:08:57,360

it seems that way because we walk

91

00:09:00,550 --> 00:08:58,880

forward

92

00:09:02,870 --> 00:09:00,560

some people walk backwards or they try

93

00:09:04,150 --> 00:09:02,880

their darndest to do that

94

00:09:07,190 --> 00:09:04,160

so

95

00:09:10,310 --> 00:09:07,200

as the fire always pushes

96

00:09:13,350 --> 00:09:10,320

our task should be to become absolutely

97

00:09:15,990 --> 00:09:13,360

clear around this idea

98

00:09:18,389 --> 00:09:16,000

is not a whole bunch of spiritual work

99

00:09:20,630 --> 00:09:18,399

people think spiritual workers i'm gonna

100

00:09:22,310 --> 00:09:20,640

meditate and sweat buckshot to make this

101
00:09:23,670 --> 00:09:22,320
thing happen you have already overshoot

102
00:09:25,509 --> 00:09:23,680
your target

103
00:09:28,310 --> 00:09:25,519
you're going to miss it every time your

104
00:09:30,070 --> 00:09:28,320
intention will be recognized

105
00:09:32,470 --> 00:09:30,080
and you may step a little bit you may

106
00:09:35,110 --> 00:09:32,480
step a little bit but spirit will only

107
00:09:37,110 --> 00:09:35,120
answer your call and if your call is

108
00:09:38,790 --> 00:09:37,120
effort effort effort effort effort even

109
00:09:40,389 --> 00:09:38,800
i'm trying i'm really trying to be this

110
00:09:42,790 --> 00:09:40,399
spiritual person

111
00:09:44,790 --> 00:09:42,800
spirit will always give you effort i'm

112
00:09:47,590 --> 00:09:44,800
trying to be this spiritual person it's

113
00:09:50,630 --> 00:09:47,600

all nonsense the tables have turned

114

00:09:52,230 --> 00:09:50,640

so va is being able to carry out the

115

00:09:53,030 --> 00:09:52,240

process

116

00:09:55,350 --> 00:09:53,040

will

117

00:09:57,590 --> 00:09:55,360

fire god

118

00:09:58,870 --> 00:09:57,600

desire

119

00:10:00,630 --> 00:09:58,880

clarity

120

00:10:03,110 --> 00:10:00,640

to be able to know when to step in or

121

00:10:05,190 --> 00:10:03,120

step out of the game

122

00:10:07,670 --> 00:10:05,200

no shame or blame for taking that

123

00:10:10,389 --> 00:10:07,680

responsibility

124

00:10:12,230 --> 00:10:10,399

and va is going to naturally

125

00:10:14,069 --> 00:10:12,240

follow the will

126
00:10:19,030 --> 00:10:14,079
the direction

127
00:10:22,069 --> 00:10:19,040
and the action yah na va

128
00:10:23,430 --> 00:10:22,079
i have learned over many many years of

129
00:10:26,069 --> 00:10:23,440
sweating

130
00:10:28,790 --> 00:10:26,079
meditating efforting doing all these

131
00:10:33,110 --> 00:10:28,800
things that are very very

132
00:10:37,509 --> 00:10:35,829
but we're given a ghost sign if you will

133
00:10:40,550 --> 00:10:37,519
we have

134
00:10:41,670 --> 00:10:40,560
a desktop shortcut

135
00:10:43,190 --> 00:10:41,680
icon

136
00:10:44,870 --> 00:10:43,200
on our pc

137
00:10:47,190 --> 00:10:44,880
and it's right there

138
00:10:49,269 --> 00:10:47,200

so you click

139

00:10:50,630 --> 00:10:49,279

you can go to any cosmic web page that

140

00:10:51,990 --> 00:10:50,640

you choose

141

00:10:54,710 --> 00:10:52,000

any reality

142

00:10:58,069 --> 00:10:54,720

another planet another dimension this is

143

00:11:01,030 --> 00:10:58,079

all out of disposal because the window

144

00:11:02,550 --> 00:11:01,040

of 2020 is open and regardless if this

145

00:11:04,630 --> 00:11:02,560

is clear or not

146

00:11:07,030 --> 00:11:04,640

spirit always says you can have it you

147

00:11:08,389 --> 00:11:07,040

can have you can have you can have that

148

00:11:11,910 --> 00:11:08,399

yes you can add whatever you want you

149

00:11:13,990 --> 00:11:11,920

want more difficulty yes you can have it

150

00:11:15,670 --> 00:11:14,000

it's always been played out this way now

151
00:11:17,190 --> 00:11:15,680
the window is open there is no more

152
00:11:19,509 --> 00:11:17,200
available

153
00:11:21,670 --> 00:11:19,519
it's getting ever thin in fact the next

154
00:11:23,190 --> 00:11:21,680
layer out of the veil being so thin is

155
00:11:25,590 --> 00:11:23,200
no veil at all

156
00:11:26,340 --> 00:11:25,600
and to no avail

157
00:11:27,590 --> 00:11:26,350
you can have it all

158
00:11:29,670 --> 00:11:27,600
[Music]

159
00:11:31,590 --> 00:11:29,680
all that you want provided you are clear

160
00:11:34,230 --> 00:11:31,600
because when you are not clear you will

161
00:11:36,790 --> 00:11:34,240
still get all that you want all that you

162
00:11:38,710 --> 00:11:36,800
are asking for

163
00:11:41,670 --> 00:11:38,720

it's the name of your soul it is the

164

00:11:49,509 --> 00:11:41,680

primordial sacred seed syllables of your

165

00:11:54,550 --> 00:11:52,790

crossing the bridge to the soul

166

00:11:56,470 --> 00:11:54,560

spawned by this

167

00:11:59,509 --> 00:11:56,480

book that went best seller

168

00:12:03,269 --> 00:12:01,509

is not just a book

169

00:12:05,750 --> 00:12:03,279

it's an experience

170

00:12:07,990 --> 00:12:05,760

and the experience

171

00:12:09,590 --> 00:12:08,000

however long it takes the journey of a

172

00:12:12,710 --> 00:12:09,600

thousand years

173

00:12:16,629 --> 00:12:14,710

until then nothing happens

174

00:12:19,110 --> 00:12:16,639

when you take the first step you have

175

00:12:23,430 --> 00:12:19,120

shaved 500 miles

176
00:12:25,509 --> 00:12:23,440
excuse me 500 years of your journey off

177
00:12:28,550 --> 00:12:25,519
well so that means if i take the second

178
00:12:30,389 --> 00:12:28,560
step i'm complete the 500 year mark is

179
00:12:32,710 --> 00:12:30,399
to say that

180
00:12:34,949 --> 00:12:32,720
i've taken the initiative

181
00:12:36,790 --> 00:12:34,959
without taking that first step nothing

182
00:12:39,590 --> 00:12:36,800
happens

183
00:12:41,590 --> 00:12:39,600
so okay take the first step good you set

184
00:12:43,829 --> 00:12:41,600
an intention for yourself a baseline for

185
00:12:46,629 --> 00:12:43,839
yourself

186
00:12:49,030 --> 00:12:46,639
this is where you don't want to go into

187
00:12:52,470 --> 00:12:49,040
effort effort effort effort effort

188
00:12:55,110 --> 00:12:52,480

the universal design is so simplistic

189

00:12:57,269 --> 00:12:55,120

all it takes is simple observation

190

00:13:00,710 --> 00:12:57,279

observation just to recognize it

191

00:13:03,030 --> 00:13:00,720

i know how noisy the world can be

192

00:13:03,990 --> 00:13:03,040

it's strong it will remember

193

00:13:06,629 --> 00:13:04,000

how many

194

00:13:08,710 --> 00:13:06,639

of you went swimming as a kid uh an

195

00:13:11,509 --> 00:13:08,720

above ground swimming pool and everybody

196

00:13:12,389 --> 00:13:11,519

wants to make a whirlpool right

197

00:13:14,069 --> 00:13:12,399

you're not sure if you want to

198

00:13:16,069 --> 00:13:14,079

participate because you're not really on

199

00:13:17,670 --> 00:13:16,079

the outside wall yet but you feel the

200

00:13:20,069 --> 00:13:17,680

current it's tugging you but if you

201
00:13:22,949 --> 00:13:20,079
stand in the center

202
00:13:25,269 --> 00:13:22,959
you are not affected

203
00:13:27,990 --> 00:13:25,279
the storm can pitch all at once and if

204
00:13:30,310 --> 00:13:28,000
you are centered in the va

205
00:13:31,990 --> 00:13:30,320
standing erect

206
00:13:34,310 --> 00:13:32,000
everybody's turmoil is going to spin all

207
00:13:36,470 --> 00:13:34,320
around you now this is where you should

208
00:13:38,389 --> 00:13:36,480
be careful even with your loved ones in

209
00:13:41,189 --> 00:13:38,399
this time of trouble

210
00:13:42,710 --> 00:13:41,199
because you're in the center

211
00:13:44,150 --> 00:13:42,720
someone you care about

212
00:13:45,910 --> 00:13:44,160
who's in the current

213
00:13:47,829 --> 00:13:45,920

saying help me

214

00:13:49,189 --> 00:13:47,839

and they reach out their hand you grab

215

00:13:51,750 --> 00:13:49,199

their hand

216

00:13:53,350 --> 00:13:51,760

you become engaged in the situation as

217

00:13:56,870 --> 00:13:53,360

well as everyone else

218

00:13:58,389 --> 00:13:56,880

and the turbulent event horizon

219

00:14:00,069 --> 00:13:58,399

so what are you saying should i just not

220

00:14:02,230 --> 00:14:00,079

care about my loved ones no i'm not

221

00:14:04,230 --> 00:14:02,240

saying that what i'm saying is you have

222

00:14:06,790 --> 00:14:04,240

to always be in a situation of being

223

00:14:08,629 --> 00:14:06,800

planted or you will become one reaching

224

00:14:11,430 --> 00:14:08,639

to someone else hoping to get you out of

225

00:14:14,150 --> 00:14:11,440

the mess that you've admired yourself in

226

00:14:15,750 --> 00:14:14,160

the political arena the covet agenda

227

00:14:17,189 --> 00:14:15,760

whatever that is i'm not saying it's

228

00:14:19,030 --> 00:14:17,199

right or wrong erroneous i'm not saying

229

00:14:20,870 --> 00:14:19,040

it i'm saying there's a lot of nonsense

230

00:14:22,790 --> 00:14:20,880

in it whatever that nonsense is i don't

231

00:14:25,910 --> 00:14:22,800

claim to know i know there's nonsense

232

00:14:32,710 --> 00:14:29,829

so in 2020 with this window being open

233

00:14:35,509 --> 00:14:32,720

you can have what you want

234

00:14:38,790 --> 00:14:35,519

but it will bring up in you

235

00:14:40,310 --> 00:14:38,800

everything you've been stuffing down

236

00:14:42,150 --> 00:14:40,320

well keith i'm pretty sure

237

00:14:45,269 --> 00:14:42,160

fantastic tell me how you did it and

238

00:14:45,550 --> 00:14:45,279

what you got that i want i'm solid

239

00:14:47,509 --> 00:14:45,560

good

240

00:14:49,430 --> 00:14:47,519

[Music]

241

00:14:52,310 --> 00:14:49,440

be grounded

242

00:14:54,150 --> 00:14:52,320

because even in your solidity

243

00:14:55,750 --> 00:14:54,160

the things that you stuff down since you

244

00:14:57,110 --> 00:14:55,760

were 16

245

00:14:58,069 --> 00:14:57,120

and don't remember that you stepped that

246

00:14:59,910 --> 00:14:58,079

because if you remembered you would have

247

00:15:01,590 --> 00:14:59,920

done the work around it

248

00:15:03,509 --> 00:15:01,600

they will start showing them they'll

249

00:15:07,590 --> 00:15:03,519

start popping up

250

00:15:09,110 --> 00:15:07,600

first arise within you as thought

251

00:15:10,949 --> 00:15:09,120

remember this time

252

00:15:12,790 --> 00:15:10,959

i'm pretty much over that it may just be

253

00:15:14,949 --> 00:15:12,800

fleeting

254

00:15:16,389 --> 00:15:14,959

and if it continues to get ignored

255

00:15:18,069 --> 00:15:16,399

you'll start to show this feeling you'll

256

00:15:21,269 --> 00:15:18,079

start showing up more often than you

257

00:15:22,949 --> 00:15:21,279

start being emotionally affected by it

258

00:15:24,870 --> 00:15:22,959

continue to ignore it

259

00:15:26,230 --> 00:15:24,880

it will become physically manifested now

260

00:15:27,430 --> 00:15:26,240

this sounds like this will happen over a

261

00:15:28,629 --> 00:15:27,440

period of

262

00:15:30,150 --> 00:15:28,639

a year

263

00:15:32,310 --> 00:15:30,160

the windows are

264

00:15:35,110 --> 00:15:32,320

this will start showing up just like

265

00:15:36,150 --> 00:15:35,120

this and things will become

266

00:15:37,110 --> 00:15:36,160

you have no choice because someone's

267

00:15:38,389 --> 00:15:37,120

talking at your door you don't know who

268

00:15:40,230 --> 00:15:38,399

it is you open the door you open the

269

00:15:41,430 --> 00:15:40,240

door and it says hello and then you will

270

00:15:42,389 --> 00:15:41,440

be confronted

271

00:15:44,470 --> 00:15:42,399

with

272

00:15:45,990 --> 00:15:44,480

something in your life which i will help

273

00:15:47,990 --> 00:15:46,000

you with in a little bit using a

274

00:15:50,790 --> 00:15:48,000

breathing technique that will help you

275

00:15:54,629 --> 00:15:52,629

move through would be the correct way to

276

00:15:56,310 --> 00:15:54,639

describe it because you can't go around

277

00:15:58,550 --> 00:15:56,320

it you can't go over it you can't shove

278

00:16:00,550 --> 00:15:58,560

it down you have to go through it

279

00:16:03,990 --> 00:16:00,560

the opportunity

280

00:16:06,150 --> 00:16:04,000

to free yourself is at hand

281

00:16:09,110 --> 00:16:06,160

but to be in the joy

282

00:16:11,350 --> 00:16:09,120

you're gonna have to be afraid

283

00:16:12,790 --> 00:16:11,360

what does that mean

284

00:16:13,910 --> 00:16:12,800

the things you have been fearing in your

285

00:16:15,189 --> 00:16:13,920

life

286

00:16:17,350 --> 00:16:15,199

the wall that's keeping you from your

287

00:16:20,710 --> 00:16:17,360

liberation here's my fear and my

288

00:16:37,670 --> 00:16:23,670

you have to go through it

289

00:16:41,749 --> 00:16:39,990

it's not so bad what's that your mind

290

00:16:42,710 --> 00:16:41,759

was overworking

291

00:16:45,030 --> 00:16:42,720

correct

292

00:16:47,350 --> 00:16:45,040

the mind was overworking judy says

293

00:16:49,269 --> 00:16:47,360

and when you realize at first it's going

294

00:16:51,749 --> 00:16:49,279

to feel funky when you step

295

00:16:52,710 --> 00:16:51,759

it's going to feel real sticky dark

296

00:16:54,949 --> 00:16:52,720

nasty

297

00:16:56,870 --> 00:16:54,959

nerving

298

00:17:00,470 --> 00:16:56,880

a little bit swerving

299

00:17:04,470 --> 00:17:02,310

but you have to ground it you have to be

300

00:17:06,710 --> 00:17:04,480

grounded and when you move through it

301

00:17:08,949 --> 00:17:06,720

it's going to seem a little weird

302

00:17:11,590 --> 00:17:08,959

after a little bit this is not so bad

303

00:17:13,029 --> 00:17:11,600

what i've been doing to myself all this

304

00:17:14,870 --> 00:17:13,039

time

305

00:17:19,750 --> 00:17:14,880

to keep myself and the self-induced

306

00:17:25,429 --> 00:17:22,949

we all do we all have been doing it

307

00:17:28,870 --> 00:17:25,439

suggested that we do it no longer

308

00:17:32,710 --> 00:17:28,880

the current is going to get stronger

309

00:17:37,350 --> 00:17:32,720

you think today is crazy

310

00:17:40,710 --> 00:17:38,789

let's have a question yesterday there's

311

00:17:42,549 --> 00:17:40,720

a difference between

312

00:17:45,110 --> 00:17:42,559

reaching out and getting in the

313

00:17:47,110 --> 00:17:45,120

whirlpool of that energy whether it's

314

00:17:48,950 --> 00:17:47,120

base three-dimensional whatever is

315

00:17:51,270 --> 00:17:48,960

different than facing your own fears

316

00:17:54,710 --> 00:17:51,280

it's more of a shadow work

317

00:17:59,350 --> 00:17:56,870

ask you that again please okay you had

318

00:18:00,549 --> 00:17:59,360

discussed previously about the whirlpool

319

00:18:02,230 --> 00:18:00,559

and the

320

00:18:03,830 --> 00:18:02,240

reaching out to help and being careful

321

00:18:06,390 --> 00:18:03,840

not to get sucked in right then you

322

00:18:09,510 --> 00:18:06,400

talked about facing your fears which i'm

323

00:18:11,110 --> 00:18:09,520

attributing to shadow or going inside

324

00:18:12,950 --> 00:18:11,120

it's different

325

00:18:15,909 --> 00:18:12,960

than the previous

326

00:18:18,630 --> 00:18:15,919

situation you discussed

327

00:18:20,630 --> 00:18:18,640

helping someone or not helping someone

328

00:18:23,270 --> 00:18:20,640

is one of wisdom

329

00:18:25,669 --> 00:18:23,280

to what degree can you help without

330

00:18:27,510 --> 00:18:25,679

becoming involved to where you become

331

00:18:29,510 --> 00:18:27,520

part of the unconsciousness and your

332

00:18:31,590 --> 00:18:29,520

desire and your love for someone which

333

00:18:34,310 --> 00:18:31,600

is a gorgeous thing to help what good

334

00:18:35,750 --> 00:18:34,320

can we do if we become if we're drowning

335

00:18:37,350 --> 00:18:35,760

as well you can't save another drowning

336

00:18:41,669 --> 00:18:37,360

person if you're drowning

337

00:18:45,110 --> 00:18:43,270

i understand the idea i understand the

338

00:18:48,150 --> 00:18:45,120

term

339

00:18:49,350 --> 00:18:48,160

it's not for me i don't

340

00:18:51,350 --> 00:18:49,360

we can call

341

00:18:53,990 --> 00:18:51,360

i could call what i've done over these

342

00:18:55,669 --> 00:18:54,000

shadow work but in the titling and the

343

00:18:58,230 --> 00:18:55,679

labeling of that

344

00:18:59,909 --> 00:18:58,240

is something very very powerful

345

00:19:02,710 --> 00:18:59,919

the shadow the dark

346

00:19:04,950 --> 00:19:02,720

because ultimately it's all light

347

00:19:06,870 --> 00:19:04,960

some of it is just

348

00:19:09,430 --> 00:19:06,880

waiting to recognize that some of the

349

00:19:10,549 --> 00:19:09,440

lessons are waiting to be recognized

350

00:19:11,909 --> 00:19:10,559

so

351

00:19:12,950 --> 00:19:11,919

did i answer your question yeah thanks

352

00:19:14,789 --> 00:19:12,960

because it's a

353

00:19:16,310 --> 00:19:14,799

denotation connotation on the word

354

00:19:18,630 --> 00:19:16,320

shadow work but we're saying the same

355

00:19:20,310 --> 00:19:18,640

thing saying the same thing yes i got it

356

00:19:21,909 --> 00:19:20,320

and i appreciate you clarifying it

357

00:19:23,270 --> 00:19:21,919

because it's just a sliver but that

358

00:19:25,590 --> 00:19:23,280

sliver can make all the difference it's

359

00:19:27,110 --> 00:19:25,600

monumental yes i see it now and you say

360

00:19:28,630 --> 00:19:27,120

well it's just a it's just words okay

361

00:19:29,990 --> 00:19:28,640

well words of vibration yeah yeah the

362

00:19:31,990 --> 00:19:30,000

power of the spoken word but not only

363

00:19:34,789 --> 00:19:32,000

that if you can get beyond the words you

364

00:19:36,789 --> 00:19:34,799

still have in that idea it's laced with

365

00:19:37,990 --> 00:19:36,799

intention it's like with unconscious

366

00:19:40,390 --> 00:19:38,000

intention because you're saying well

367

00:19:41,830 --> 00:19:40,400

it's just a word how clear are you that

368

00:19:43,190 --> 00:19:41,840

you're just hanging out with your friend

369

00:19:44,789 --> 00:19:43,200

who is truly aluminum and you're truly

370

00:19:46,230 --> 00:19:44,799

alone and you say you know i got to do

371

00:19:47,110 --> 00:19:46,240

some shadow work today and you both go i

372

00:19:49,510 --> 00:19:47,120

get it

373

00:19:52,950 --> 00:19:49,520

but some people really cling to that

374

00:19:55,750 --> 00:19:52,960

pseudo spirituality 144 000 the

375

00:19:58,549 --> 00:19:55,760

ascension um what's the other one the

376

00:20:00,710 --> 00:19:58,559

other famous one 5d

377

00:20:02,390 --> 00:20:00,720

and i'm a starseed

378

00:20:03,750 --> 00:20:02,400

i get all that

379

00:20:05,590 --> 00:20:03,760

how much time

380

00:20:07,350 --> 00:20:05,600

how can you understand that you're a

381

00:20:09,510 --> 00:20:07,360

star seed i'm not saying you're not you

382

00:20:12,070 --> 00:20:09,520

may have had glimpses over your life

383

00:20:14,549 --> 00:20:12,080

but how can you truly integrate your

384

00:20:15,830 --> 00:20:14,559

starseedness

385

00:20:18,070 --> 00:20:15,840

if you're still lost in the human

386

00:20:19,909 --> 00:20:18,080

conundrum you can't

387

00:20:20,870 --> 00:20:19,919

you know people don't understand god

388

00:20:22,230 --> 00:20:20,880

because

389

00:20:24,310 --> 00:20:22,240

they don't understand themselves how can

390

00:20:27,270 --> 00:20:24,320

we understand the majesty if we don't

391

00:20:28,630 --> 00:20:27,280

understand the finite puny little self

392

00:20:30,630 --> 00:20:28,640

there's no difference

393

00:20:33,029 --> 00:20:30,640

we have to go through what we know or

394

00:20:37,029 --> 00:20:33,039

believe think

395

00:20:38,789 --> 00:20:37,039

we are to get to that which is beyond

396

00:20:40,310 --> 00:20:38,799

everything

397

00:20:43,029 --> 00:20:40,320

when we begin to take on these

398

00:20:45,590 --> 00:20:43,039

modalities of being

399

00:20:49,270 --> 00:20:45,600

is when we begin to cross the bridge to

400

00:20:51,190 --> 00:20:49,280

the soul even looking at this book cover

401
00:20:54,789 --> 00:20:51,200
this perfectly describes my life years

402
00:20:57,750 --> 00:20:56,390
human diamond

403
00:20:59,029 --> 00:20:57,760
living in fear

404
00:21:01,029 --> 00:20:59,039
you might get a little light gets a

405
00:21:02,950 --> 00:21:01,039
little gray and your boyfriend or

406
00:21:05,029 --> 00:21:02,960
girlfriend breaks up with you in

407
00:21:06,870 --> 00:21:05,039
this thing and we never get past this

408
00:21:10,230 --> 00:21:06,880
area here

409
00:21:13,110 --> 00:21:10,240
you start doing the spiritual non-work

410
00:21:15,430 --> 00:21:13,120
leaving things alone

411
00:21:17,270 --> 00:21:15,440
literally leaving them alone

412
00:21:18,630 --> 00:21:17,280
we start to move

413
00:21:20,470 --> 00:21:18,640

on this

414

00:21:21,430 --> 00:21:20,480

crickety rickety bridge it's a rope

415

00:21:25,110 --> 00:21:21,440

bridge

416

00:21:26,470 --> 00:21:25,120

rope will hang you

417

00:21:28,630 --> 00:21:26,480

when you first get on the bridge of your

418

00:21:30,470 --> 00:21:28,640

spiritual walk

419

00:21:33,350 --> 00:21:30,480

it's a rope bridge and it's very long so

420

00:21:35,350 --> 00:21:33,360

it's got some swaying to it

421

00:21:37,990 --> 00:21:35,360

the closer you get to the center of the

422

00:21:40,789 --> 00:21:38,000

bridge where it's balanced

423

00:21:44,549 --> 00:21:40,799

the swaying begins to stop

424

00:21:46,230 --> 00:21:44,559

likewise you will find yourself

425

00:21:48,950 --> 00:21:46,240

when you get to the center point you

426
00:21:51,669 --> 00:21:48,960
know exactly how the bridge responds to

427
00:21:53,350 --> 00:21:51,679
you as you move so now you need your

428
00:21:55,430 --> 00:21:53,360
hands to hold on you're so good at how

429
00:21:56,470 --> 00:21:55,440
it moves you can get your groove on

430
00:21:58,630 --> 00:21:56,480
while you're doing the whole thing you

431
00:22:01,430 --> 00:21:58,640
know flip and so then you begin to be

432
00:22:03,350 --> 00:22:01,440
this person here then you move into the

433
00:22:05,590 --> 00:22:03,360
light because ultimately

434
00:22:09,909 --> 00:22:05,600
when you get into the lighter areas of

435
00:22:15,830 --> 00:22:12,149
all the illusion of everything that is

436
00:22:20,710 --> 00:22:18,710
it all gets forgotten

437
00:22:23,029 --> 00:22:20,720
you remember it

438
00:22:25,510 --> 00:22:23,039

but the level of its importance to you

439

00:22:27,590 --> 00:22:25,520

simply just dissipates

440

00:22:30,630 --> 00:22:27,600

you see it now as

441

00:22:32,470 --> 00:22:30,640

the most amazing beautiful catalyst

442

00:22:33,750 --> 00:22:32,480

that could have ever happened to you nor

443

00:22:34,789 --> 00:22:33,760

would you ever want to change it if you

444

00:22:37,029 --> 00:22:34,799

could

445

00:22:39,190 --> 00:22:37,039

because it's those particular dynamics

446

00:22:41,270 --> 00:22:39,200

that has brought you

447

00:22:43,110 --> 00:22:41,280

across the center point of the bridge to

448

00:22:47,029 --> 00:22:43,120

your soul

449

00:22:53,029 --> 00:22:49,830

all that is good goes away too

450

00:22:55,510 --> 00:22:53,039

correct very good all the good goes away

451
00:22:57,350 --> 00:22:55,520
okay don't we want good over bad yeah

452
00:22:58,870 --> 00:22:57,360
until you get

453
00:23:01,430 --> 00:22:58,880
to the point

454
00:23:05,029 --> 00:23:01,440
beyond what we are calling good and bad

455
00:23:07,270 --> 00:23:05,039
because your good may be good for you

456
00:23:09,190 --> 00:23:07,280
you know we thought that person we dated

457
00:23:11,669 --> 00:23:09,200
that job we had man this is good i got

458
00:23:15,190 --> 00:23:11,679
this job or i got this lover in my life

459
00:23:17,750 --> 00:23:15,200
come to find out it wasn't

460
00:23:19,510 --> 00:23:17,760
future hindsight it actually was it was

461
00:23:21,669 --> 00:23:19,520
way beyond the good because it was a

462
00:23:23,110 --> 00:23:21,679
catalyst or a bridge

463
00:23:23,909 --> 00:23:23,120

that brought you to this new reality

464

00:23:26,870 --> 00:23:23,919

because

465

00:23:29,270 --> 00:23:26,880

what truly is good lies beyond the world

466

00:23:30,710 --> 00:23:29,280

of good and bad this is bad this is good

467

00:23:32,710 --> 00:23:30,720

of course that's interchangeable

468

00:23:34,710 --> 00:23:32,720

depending on who you are

469

00:23:36,630 --> 00:23:34,720

most people live their life

470

00:23:37,990 --> 00:23:36,640

in this dual split i definitely don't

471

00:23:40,549 --> 00:23:38,000

want that one

472

00:23:41,669 --> 00:23:40,559

i want this fantastic it means you're

473

00:23:43,190 --> 00:23:41,679

expanding into your spiritual

474

00:23:45,590 --> 00:23:43,200

possibility which you know that you want

475

00:23:46,950 --> 00:23:45,600

for yourself

476
00:23:48,710 --> 00:23:46,960
but there's something else you mean

477
00:23:50,230 --> 00:23:48,720
there's more i can choose from it's

478
00:23:52,149 --> 00:23:50,240
infinite your choice is not only

479
00:23:53,909 --> 00:23:52,159
infinite under the guise of what you

480
00:23:55,510 --> 00:23:53,919
call good and bad

481
00:23:57,430 --> 00:23:55,520
when you choose

482
00:23:59,430 --> 00:23:57,440
between good and bad you only have two

483
00:24:01,510 --> 00:23:59,440
choices you only have one choice choice

484
00:24:04,149 --> 00:24:01,520
is this one other than that one

485
00:24:06,470 --> 00:24:04,159
and you're still living a duality that

486
00:24:08,710 --> 00:24:06,480
is not what wholeness is wholeness is

487
00:24:11,669 --> 00:24:08,720
the reality of you coming home to

488
00:24:13,669 --> 00:24:11,679

yourself to realize who is this being

489

00:24:15,430 --> 00:24:13,679

that has a choice

490

00:24:17,190 --> 00:24:15,440

that's called the trinity

491

00:24:19,830 --> 00:24:17,200

the self when the self becomes

492

00:24:23,269 --> 00:24:19,840

enlightened the trinity the holy spirit

493

00:24:25,190 --> 00:24:23,279

begins to arise in one's one person

494

00:24:27,110 --> 00:24:25,200

and then you realize

495

00:24:30,950 --> 00:24:27,120

i don't have a choice

496

00:24:32,549 --> 00:24:30,960

i am the being that has infinite choices

497

00:24:34,630 --> 00:24:32,559

you can go snow skiing you can jump out

498

00:24:36,070 --> 00:24:34,640

of an airplane you can come to florida

499

00:24:37,669 --> 00:24:36,080

you can go eat some food in a mexican

500

00:24:38,950 --> 00:24:37,679

right whatever it is you want to do and

501
00:24:40,710 --> 00:24:38,960
it's infinite

502
00:24:44,630 --> 00:24:40,720
now a lot of the trouble begins to

503
00:24:47,269 --> 00:24:44,640
happen when people begin people start

504
00:24:49,750 --> 00:24:47,279
feeling bad

505
00:24:52,070 --> 00:24:49,760
about their choices good is a phenomenal

506
00:24:53,990 --> 00:24:52,080
barometer to keep you on the path of

507
00:24:56,230 --> 00:24:54,000
enlightenment

508
00:24:58,710 --> 00:24:56,240
but it also can be a trap if you think

509
00:25:00,789 --> 00:24:58,720
you found the ultimate good in

510
00:25:02,950 --> 00:25:00,799
your life

511
00:25:05,430 --> 00:25:02,960
because the real you

512
00:25:08,070 --> 00:25:05,440
the deciding factor the deciding person

513
00:25:11,269 --> 00:25:08,080

or being rather

514

00:25:12,390 --> 00:25:11,279

is infinite potential always

515

00:25:15,269 --> 00:25:12,400

how many

516

00:25:16,149 --> 00:25:15,279

here are still holding on to certain

517

00:25:22,149 --> 00:25:16,159

life

518

00:25:25,029 --> 00:25:23,830

anything you'd like to share

519

00:25:31,350 --> 00:25:25,039

oh no

520

00:25:35,190 --> 00:25:33,350

what do you mean by holding on can you

521

00:25:36,470 --> 00:25:35,200

can you define holding on what does that

522

00:25:39,830 --> 00:25:36,480

mean

523

00:25:41,430 --> 00:25:39,840

can give you a wonderful analogy that

524

00:25:43,830 --> 00:25:41,440

you should not hold on to is that what

525

00:25:45,510 --> 00:25:43,840

you're implying it's something that's in

526

00:25:48,149 --> 00:25:45,520

i'm choosing my words carefully you

527

00:25:50,950 --> 00:25:48,159

should let go lisa asked the question

528

00:25:53,269 --> 00:25:50,960

can i define holding on yes and how does

529

00:25:56,230 --> 00:25:53,279

one begin to let go of even their own

530

00:25:58,149 --> 00:25:56,240

model or my model of let it go what does

531

00:25:59,350 --> 00:25:58,159

that look like

532

00:26:01,510 --> 00:25:59,360

here's this cool little thing it's

533

00:26:03,990 --> 00:26:01,520

pretty it's red you like red right it's

534

00:26:05,669 --> 00:26:04,000

red it's about this long

535

00:26:07,510 --> 00:26:05,679

and i'm gonna give it to you okay it's

536

00:26:08,549 --> 00:26:07,520

electrical wire

537

00:26:10,549 --> 00:26:08,559

okay

538

00:26:11,590 --> 00:26:10,559

the current has been flipped and you're

539

00:26:13,029 --> 00:26:11,600

holding it

540

00:26:14,230 --> 00:26:13,039

and as long as you're holding on to this

541

00:26:16,230 --> 00:26:14,240

electrical

542

00:26:17,590 --> 00:26:16,240

current because whatever you have in

543

00:26:20,870 --> 00:26:17,600

your life that is not serving you is

544

00:26:23,269 --> 00:26:20,880

causing you techno it's not causing pain

545

00:26:25,190 --> 00:26:23,279

it causes you pain initially and as long

546

00:26:27,750 --> 00:26:25,200

as you hold on to it after you get the

547

00:26:29,830 --> 00:26:27,760

shock of your life

548

00:26:31,909 --> 00:26:29,840

it's called self-induced suffering

549

00:26:33,510 --> 00:26:31,919

because you don't want to let go and as

550

00:26:35,510 --> 00:26:33,520

long as you hold on to that electrical

551
00:26:38,310 --> 00:26:35,520
charge that thing that has you charged

552
00:26:40,070 --> 00:26:38,320
electrically emotionally in your life

553
00:26:41,590 --> 00:26:40,080
you will get electrocuted it will shock

554
00:26:43,110 --> 00:26:41,600
you and it will keep you

555
00:26:45,190 --> 00:26:43,120
grounded

556
00:26:48,789 --> 00:26:45,200
in the situation

557
00:26:51,430 --> 00:26:48,799
when you let go hurting completely stops

558
00:26:53,750 --> 00:26:51,440
it can be tough to let go because the

559
00:26:56,230 --> 00:26:53,760
person who's holding on

560
00:26:57,350 --> 00:26:56,240
to this idea

561
00:27:02,149 --> 00:26:57,360
thinks it's

562
00:27:07,590 --> 00:27:04,710
i'm holding on to this person

563
00:27:09,269 --> 00:27:07,600

because i don't have the joy in me

564

00:27:10,630 --> 00:27:09,279

they have to be the one to bring me that

565

00:27:12,760 --> 00:27:10,640

joy

566

00:27:14,950 --> 00:27:12,770

that is called self-induced suffering

567

00:27:17,029 --> 00:27:14,960

[Music]

568

00:27:18,710 --> 00:27:17,039

job i lost my job

569

00:27:20,950 --> 00:27:18,720

i'm grateful that i had that job and

570

00:27:22,950 --> 00:27:20,960

brought me to this spot it changes at

571

00:27:25,830 --> 00:27:22,960

all this is not just spiritual cliché

572

00:27:28,630 --> 00:27:25,840

nonsense it might be the same words that

573

00:27:30,870 --> 00:27:28,640

i'm calling spiritual clichéd nonsense

574

00:27:31,750 --> 00:27:30,880

but it's the attitude like we talked

575

00:27:33,590 --> 00:27:31,760

about

576
00:27:36,389 --> 00:27:33,600
and what we were saying the difference

577
00:27:37,669 --> 00:27:36,399
between shadow work it's really refining

578
00:27:39,750 --> 00:27:37,679
your process

579
00:27:42,789 --> 00:27:39,760
in such a way that you're not only

580
00:27:45,190 --> 00:27:42,799
taking steps you're taking steps leaps

581
00:27:48,470 --> 00:27:45,200
and bounds because i'm done with this

582
00:27:51,590 --> 00:27:48,480
done and anything that i don't know of

583
00:27:53,909 --> 00:27:51,600
in my unconscious back my unconscious

584
00:27:54,789 --> 00:27:53,919
file i'm ready for those to be revealed

585
00:27:56,630 --> 00:27:54,799
to me

586
00:27:58,470 --> 00:27:56,640
because it could be a collection of

587
00:28:00,230 --> 00:27:58,480
those little things that are keeping you

588
00:28:01,909 --> 00:28:00,240

truly from the next step you might be

589

00:28:03,909 --> 00:28:01,919

wanting a step but something's not

590

00:28:05,590 --> 00:28:03,919

allowing you it could be the fear it

591

00:28:07,029 --> 00:28:05,600

could be situations of just not

592

00:28:09,669 --> 00:28:07,039

manifesting to where you can move

593

00:28:13,269 --> 00:28:09,679

through an open door

594

00:28:16,630 --> 00:28:14,710

is probably

595

00:28:18,389 --> 00:28:16,640

one of the greatest spiritual lessons

596

00:28:21,350 --> 00:28:18,399

one could ever master

597

00:28:23,750 --> 00:28:21,360

in the letting go of

598

00:28:27,669 --> 00:28:23,760

your ideas of what we you think is going

599

00:28:31,830 --> 00:28:29,590

will never give you bliss it may give

600

00:28:33,350 --> 00:28:31,840

you glimpses of

601
00:28:36,389 --> 00:28:33,360
your greatest potential but it will

602
00:28:41,269 --> 00:28:39,269
what will take you there

603
00:28:42,789 --> 00:28:41,279
which is actually here

604
00:28:44,470 --> 00:28:42,799
is letting go of your preconceived

605
00:28:46,710 --> 00:28:44,480
notions

606
00:28:49,430 --> 00:28:46,720
well keith isn't jesus of course jesus

607
00:28:51,430 --> 00:28:49,440
is but how do you think he achieved that

608
00:28:53,110 --> 00:28:51,440
level of being by acting and thinking

609
00:28:55,669 --> 00:28:53,120
the way you did

610
00:28:57,269 --> 00:28:55,679
you know who's god in control here am i

611
00:28:59,269 --> 00:28:57,279
going to follow the teacher follow the

612
00:29:01,750 --> 00:28:59,279
lead and follow the master and be as the

613
00:29:04,070 --> 00:29:01,760

christ as a christian of that you wait

614

00:29:06,470 --> 00:29:04,080

or as the buddha of that's your way or

615

00:29:08,470 --> 00:29:06,480

as the hindi or as krishna or hindi

616

00:29:09,510 --> 00:29:08,480

issue whatever your way is there's only

617

00:29:11,590 --> 00:29:09,520

one path

618

00:29:13,350 --> 00:29:11,600

there's many paths to the path but

619

00:29:15,269 --> 00:29:13,360

there's another one path

620

00:29:16,630 --> 00:29:15,279

because once you get to the cave of

621

00:29:18,070 --> 00:29:16,640

samadhi

622

00:29:19,909 --> 00:29:18,080

cave

623

00:29:21,669 --> 00:29:19,919

dark

624

00:29:23,669 --> 00:29:21,679

lit by fire only enough to where i can

625

00:29:25,750 --> 00:29:23,679

see that sounds like each one of us

626
00:29:28,149 --> 00:29:25,760
living in the cave because we are

627
00:29:30,549 --> 00:29:28,159
samadhi is the intention of unifying

628
00:29:32,149 --> 00:29:30,559
with god i have every intention of

629
00:29:35,190 --> 00:29:32,159
unifying with god

630
00:29:37,669 --> 00:29:35,200
monks in the himalayas and likewise

631
00:29:40,230 --> 00:29:37,679
they literally go into a game they play

632
00:29:42,710 --> 00:29:40,240
it out they play the game out from

633
00:29:45,190 --> 00:29:42,720
beginning to end they go into a cave in

634
00:29:48,070 --> 00:29:45,200
the dark cave to illuminate themselves

635
00:29:54,470 --> 00:29:48,080
so they can see

636
00:29:56,870 --> 00:29:55,990
and what these monks are doing in these

637
00:29:59,029 --> 00:29:56,880
caves

638
00:30:01,029 --> 00:29:59,039

they're forgiving

639

00:30:04,590 --> 00:30:01,039

themselves

640

00:30:07,510 --> 00:30:04,600

other

641

00:30:08,789 --> 00:30:07,520

people who did certain things to them

642

00:30:10,149 --> 00:30:08,799

they're forgiving the people who did

643

00:30:11,830 --> 00:30:10,159

certain things to other people and other

644

00:30:13,190 --> 00:30:11,840

people another people other people

645

00:30:15,029 --> 00:30:13,200

because they understand that every

646

00:30:16,389 --> 00:30:15,039

aspect of these beings that they're in

647

00:30:17,830 --> 00:30:16,399

forgiveness mode

648

00:30:19,669 --> 00:30:17,840

is themselves

649

00:30:22,070 --> 00:30:19,679

this bring them to greater capacity of

650

00:30:23,909 --> 00:30:22,080

enlightenment so those things that we

651
00:30:25,110 --> 00:30:23,919
are choosing and then feel bad and are

652
00:30:26,870 --> 00:30:25,120
good about

653
00:30:28,789 --> 00:30:26,880
can be considered blocks

654
00:30:30,549 --> 00:30:28,799
we don't know

655
00:30:32,070 --> 00:30:30,559
anything

656
00:30:34,230 --> 00:30:32,080
except i know

657
00:30:37,269 --> 00:30:34,240
that i want greater degrees of bliss

658
00:30:41,669 --> 00:30:37,279
it's really the basic question

659
00:30:46,149 --> 00:30:43,510
it's great to read a phenomenal book i

660
00:30:49,269 --> 00:30:47,590
it's great to hear wonderful pieces of

661
00:30:51,190 --> 00:30:49,279
music i have lots of those too all right

662
00:30:52,789 --> 00:30:51,200
music as well i'm playing bands and

663
00:30:54,070 --> 00:30:52,799

stuff i love all that it's expressions

664

00:30:55,750 --> 00:30:54,080

of me having fun

665

00:30:57,509 --> 00:30:55,760

and i do this with other people i love

666

00:30:59,509 --> 00:30:57,519

reading good books i love good music

667

00:31:05,029 --> 00:30:59,519

it's all playing the human game because

668

00:31:08,470 --> 00:31:06,630

but no no spiritual teacher can teach

669

00:31:09,909 --> 00:31:08,480

you anything they can help you

670

00:31:11,590 --> 00:31:09,919

nudge you

671

00:31:13,110 --> 00:31:11,600

unlock doors for you

672

00:31:14,470 --> 00:31:13,120

but they can't tell you ultimately but

673

00:31:15,990 --> 00:31:14,480

you know because eventually you will get

674

00:31:17,830 --> 00:31:16,000

to a place in your life

675

00:31:20,310 --> 00:31:17,840

you will always probably listen to music

676

00:31:22,549 --> 00:31:20,320

that's the universal language

677

00:31:24,789 --> 00:31:22,559

but you may not always want to read

678

00:31:25,990 --> 00:31:24,799

books

679

00:31:28,630 --> 00:31:26,000

you might want to read a book just

680

00:31:30,549 --> 00:31:28,640

because you want to relax on a hammock

681

00:31:32,549 --> 00:31:30,559

on a nice breezy day just read a cool

682

00:31:38,789 --> 00:31:32,559

book just kind of escape and let go and

683

00:31:43,509 --> 00:31:41,590

we think enlightenment is a future event

684

00:31:46,549 --> 00:31:43,519

we think heaven on earth is a future

685

00:31:51,590 --> 00:31:49,669

it's here it's you it's your incarnation

686

00:31:53,350 --> 00:31:51,600

you're the it there is nothing else if

687

00:31:54,310 --> 00:31:53,360

you're looking anywhere else toward

688

00:31:56,149 --> 00:31:54,320

anything

689

00:31:58,149 --> 00:31:56,159

you have missed the point and you will

690

00:32:00,470 --> 00:31:58,159

never get back on track if you fall back

691

00:32:03,110 --> 00:32:00,480

into center with yourself

692

00:32:05,830 --> 00:32:03,120

what all i want to see exactly

693

00:32:07,830 --> 00:32:05,840

that's why i people of the light who

694

00:32:10,870 --> 00:32:07,840

love you enough to say

695

00:32:12,870 --> 00:32:10,880

you may not like me during the situation

696

00:32:14,870 --> 00:32:12,880

a few years down the road you'll love me

697

00:32:17,669 --> 00:32:14,880

because i love you already to impart to

698

00:32:18,710 --> 00:32:17,679

you this power this knowledge of hanging

699

00:32:20,950 --> 00:32:18,720

around

700

00:32:23,430 --> 00:32:20,960

certain beings for example

701
00:32:25,909 --> 00:32:23,440
i'll talk about these books shortly

702
00:32:27,909 --> 00:32:25,919
that i have and still do in my life

703
00:32:31,110 --> 00:32:27,919
when i say beings i'm speaking of

704
00:32:32,470 --> 00:32:31,120
spiritual self realized god realizing

705
00:32:34,230 --> 00:32:32,480
i'm not talking about someone who's just

706
00:32:35,990 --> 00:32:34,240
really cool and pretty enlightened i'm

707
00:32:37,350 --> 00:32:36,000
talking about the absolution on the

708
00:32:39,509 --> 00:32:37,360
earth yes

709
00:32:41,350 --> 00:32:39,519
well when most people speak of love

710
00:32:42,870 --> 00:32:41,360
they're speaking out love

711
00:32:44,630 --> 00:32:42,880
conditional love

712
00:32:46,630 --> 00:32:44,640
and the love that you're speaking of is

713
00:32:49,110 --> 00:32:46,640

unconventional

714

00:32:50,149 --> 00:32:49,120

totally i have nothing to change

715

00:32:53,110 --> 00:32:50,159

because

716

00:32:54,710 --> 00:32:53,120

it's really about acceptance allowance

717

00:32:57,190 --> 00:32:54,720

and appreciation

718

00:33:03,190 --> 00:33:00,070

rehabilitation this is triple a trinity

719

00:33:05,029 --> 00:33:03,200

rehabilitation aaa acceptance allowance

720

00:33:07,190 --> 00:33:05,039

appreciation acceptance allowance

721

00:33:09,590 --> 00:33:07,200

appreciation i accept you exactly as you

722

00:33:12,149 --> 00:33:09,600

are i have no reason to change it

723

00:33:14,149 --> 00:33:12,159

i allow you i accept you i allow you and

724

00:33:16,710 --> 00:33:14,159

i in fact i go even beyond that this is

725

00:33:19,509 --> 00:33:16,720

the rehabilitation i appreciate you in

726

00:33:21,269 --> 00:33:19,519

all your folly

727

00:33:24,230 --> 00:33:21,279

because if i don't appreciate you even

728

00:33:26,950 --> 00:33:24,240

in your folly it becomes my folly i have

729

00:33:28,470 --> 00:33:26,960

left the center of the swimming pool

730

00:33:29,990 --> 00:33:28,480

and grabbed someone from the current now

731

00:33:31,750 --> 00:33:30,000

become part of the noise and i'm

732

00:33:33,830 --> 00:33:31,760

twirling and whirling about in this sea

733

00:33:35,990 --> 00:33:33,840

of unconsciousness that what happens in

734

00:33:39,029 --> 00:33:36,000

a whirlpool it all goes down

735

00:33:41,110 --> 00:33:39,039

and light spirals dumber

736

00:33:43,190 --> 00:33:41,120

that may be something to help with um

737

00:33:44,470 --> 00:33:43,200

the shadow too because all of the shadow

738

00:33:46,470 --> 00:33:44,480

is in time

739

00:33:49,110 --> 00:33:46,480

and there's no time yeah

740

00:33:51,750 --> 00:33:49,120

there's no time

741

00:33:53,350 --> 00:33:51,760

so if we take the time

742

00:33:55,430 --> 00:33:53,360

to get out of time

743

00:33:56,549 --> 00:33:55,440

and into no time that can be a riddle in

744

00:33:58,870 --> 00:33:56,559

and of itself

745

00:34:01,029 --> 00:33:58,880

but i think you understand taking your

746

00:34:03,430 --> 00:34:01,039

time taking your time because you're not

747

00:34:06,389 --> 00:34:03,440

in a hurry humanity's in such a move

748

00:34:08,869 --> 00:34:06,399

they want to move fast fast fast it's

749

00:34:11,589 --> 00:34:08,879

noise because they're trying to escape

750

00:34:13,829 --> 00:34:11,599

and i've realized why people drive like

751

00:34:15,190 --> 00:34:13,839

absolute maniacs at eight thirty eight

752

00:34:16,950 --> 00:34:15,200

o'clock in the morning and the same at

753

00:34:18,550 --> 00:34:16,960

five o'clock in the afternoon

754

00:34:19,510 --> 00:34:18,560

because they're doing something they

755

00:34:22,149 --> 00:34:19,520

don't love which we're going to talk

756

00:34:23,510 --> 00:34:22,159

about they hate it they hate their their

757

00:34:26,470 --> 00:34:23,520

miserable existence they're not living

758

00:34:30,550 --> 00:34:28,790

but i got to pay bills so they sleep in

759

00:34:32,470 --> 00:34:30,560

as late as possible

760

00:34:35,990 --> 00:34:32,480

only to get on the expressway and drive

761

00:34:37,349 --> 00:34:36,000

like a fool to some place they hate

762

00:34:39,430 --> 00:34:37,359

boy as soon as five o'clock and they

763

00:34:41,349 --> 00:34:39,440

punch that clock

764

00:34:44,149 --> 00:34:41,359

they sit back this way because they

765

00:34:49,430 --> 00:34:44,159

don't like their life

766

00:34:49,440 --> 00:34:51,990

what

767

00:34:56,629 --> 00:34:54,629

fantastic

768

00:34:58,630 --> 00:34:56,639

i'm going to talk about that here sure

769

00:35:00,470 --> 00:34:58,640

i'm going to lay out for you

770

00:35:03,750 --> 00:35:00,480

four

771

00:35:07,190 --> 00:35:04,950

tenets

772

00:35:09,190 --> 00:35:07,200

modes principles

773

00:35:12,069 --> 00:35:09,200

truths

774

00:35:14,230 --> 00:35:12,079

and these four are only one they're

775

00:35:15,270 --> 00:35:14,240

fragments of the one

776
00:35:20,069 --> 00:35:15,280
father

777
00:35:21,109 --> 00:35:20,079
god only one

778
00:35:23,270 --> 00:35:21,119
son

779
00:35:25,270 --> 00:35:23,280
duality something there's something else

780
00:35:26,150 --> 00:35:25,280
other than the one

781
00:35:28,550 --> 00:35:26,160
three

782
00:35:31,109 --> 00:35:28,560
would be the trinity the triple a

783
00:35:32,870 --> 00:35:31,119
rehabilitation

784
00:35:35,589 --> 00:35:32,880
that rectifies

785
00:35:37,829 --> 00:35:35,599
four would be the introduction of power

786
00:35:39,270 --> 00:35:37,839
so we have one two three now we brought

787
00:35:41,510 --> 00:35:39,280
the father or god back into the

788
00:35:43,510 --> 00:35:41,520

situation and it expands it begins to

789

00:35:45,750 --> 00:35:43,520

swell

790

00:35:50,550 --> 00:35:45,760

number one is passion

791

00:35:54,069 --> 00:35:52,870

i'm a personification passion

792

00:35:56,950 --> 00:35:54,079

everything i do

793

00:35:58,950 --> 00:35:56,960

there is no way it will not happen

794

00:36:01,750 --> 00:35:58,960

that's done i'm done with i'm going to

795

00:36:03,990 --> 00:36:01,760

try i'm going to try to be mr spiritual

796

00:36:05,589 --> 00:36:04,000

i'm done with that nonsense

797

00:36:08,310 --> 00:36:05,599

it is me

798

00:36:11,030 --> 00:36:08,320

and i've learned that passion

799

00:36:12,630 --> 00:36:11,040

is that yah it's that fire

800

00:36:14,950 --> 00:36:12,640

passion is

801
00:36:16,630 --> 00:36:14,960
the aggressive

802
00:36:18,470 --> 00:36:16,640
i'm a mechanic i'm going to get into

803
00:36:19,750 --> 00:36:18,480
this car and i'm going to fix this

804
00:36:21,510 --> 00:36:19,760
engine i got

805
00:36:23,030 --> 00:36:21,520
oil under my fingernails to prove and i

806
00:36:24,230 --> 00:36:23,040
roll up my sleeves and it's going to

807
00:36:27,109 --> 00:36:24,240
happen

808
00:36:30,470 --> 00:36:27,119
i'm going to fix it that is passion

809
00:36:32,470 --> 00:36:30,480
that's the fire that is the active

810
00:36:35,030 --> 00:36:32,480
number two

811
00:36:36,630 --> 00:36:35,040
is sincerity

812
00:36:43,030 --> 00:36:36,640
passion is

813
00:36:48,790 --> 00:36:45,990

i'm serious about this

814

00:36:50,630 --> 00:36:48,800

it means something beautiful to me

815

00:36:51,670 --> 00:36:50,640

it's like being created by your divine

816

00:36:55,349 --> 00:36:51,680

mother

817

00:36:57,030 --> 00:36:55,359

in a bosom suckling on the divine teat

818

00:37:00,470 --> 00:36:57,040

for the milk

819

00:37:02,870 --> 00:37:00,480

support i'm serious about this i mean it

820

00:37:04,870 --> 00:37:02,880

so you have the fire which is passion

821

00:37:06,310 --> 00:37:04,880

the backbone whatever it takes to make

822

00:37:08,790 --> 00:37:06,320

it happen

823

00:37:10,710 --> 00:37:08,800

sincerity would be i mean it which

824

00:37:11,660 --> 00:37:10,720

provides the clarity and the way to do

825

00:37:14,390 --> 00:37:11,670

that

826
00:37:16,370 --> 00:37:14,400
[Music]

827
00:37:20,310 --> 00:37:16,380
i'm laying down in my hands

828
00:37:22,470 --> 00:37:20,320
[Music]

829
00:37:25,349 --> 00:37:22,480
sincerity would be the passive

830
00:37:28,069 --> 00:37:25,359
the soft spot your divine mother the

831
00:37:30,950 --> 00:37:28,079
birth of a brand new sister

832
00:37:35,349 --> 00:37:30,960
it's pink kind of idea

833
00:37:37,670 --> 00:37:35,359
soft fuzzy warm nurturing supporting

834
00:37:38,870 --> 00:37:37,680
your grandmother

835
00:37:40,870 --> 00:37:38,880
when you were a kid remember your

836
00:37:43,990 --> 00:37:40,880
grandmother you remember her smell

837
00:37:45,750 --> 00:37:44,000
that kind of image humility

838
00:37:48,069 --> 00:37:45,760

is being of service one of the greatest

839

00:37:50,470 --> 00:37:48,079

ways you can raise your vibration to be

840

00:37:52,550 --> 00:37:50,480

a part of the new world suddenly through

841

00:37:54,230 --> 00:37:52,560

the silence because all this noise

842

00:37:56,150 --> 00:37:54,240

suddenly through the silence the new

843

00:37:57,829 --> 00:37:56,160

world will appear

844

00:37:59,589 --> 00:37:57,839

one of the ways you can raise your

845

00:38:02,950 --> 00:37:59,599

vibration

846

00:38:04,470 --> 00:38:02,960

to guarantee a part of that new world

847

00:38:06,790 --> 00:38:04,480

it's not like there's going to be an old

848

00:38:08,870 --> 00:38:06,800

world and everybody who doesn't do what

849

00:38:10,310 --> 00:38:08,880

i'm trying to do is going to be lost and

850

00:38:12,470 --> 00:38:10,320

me in this flock there are many

851
00:38:14,310 --> 00:38:12,480
dimensions and realities playing itself

852
00:38:16,710 --> 00:38:14,320
out but if you want to be a part of the

853
00:38:19,270 --> 00:38:16,720
new world meaning a world at least for

854
00:38:20,950 --> 00:38:19,280
you that is one of absolute ongoing

855
00:38:22,630 --> 00:38:20,960
bliss and joy where everyone is getting

856
00:38:24,069 --> 00:38:22,640
along and everyone is shared and shared

857
00:38:27,030 --> 00:38:24,079
equally

858
00:38:31,829 --> 00:38:29,589
being of service to everyone

859
00:38:32,710 --> 00:38:31,839
you can not as much as you can but all

860
00:38:35,750 --> 00:38:32,720
the time

861
00:38:36,710 --> 00:38:35,760
you might have yeah yes you got

862
00:38:38,230 --> 00:38:36,720
something to prove you're trying to

863
00:38:39,430 --> 00:38:38,240

prove it to yourself look people on

864

00:38:41,109 --> 00:38:39,440

their eyes say good morning ma'am how

865

00:38:42,870 --> 00:38:41,119

are you can open the door for me

866

00:38:44,790 --> 00:38:42,880

whatever they say to you is not your

867

00:38:47,270 --> 00:38:44,800

business your business is to be an

868

00:38:49,589 --> 00:38:47,280

anchor of service humility buddhist

869

00:38:51,349 --> 00:38:49,599

monks lived their whole life like this

870

00:38:53,510 --> 00:38:51,359

whole life because they understand

871

00:38:55,270 --> 00:38:53,520

they're connect in so doing

872

00:38:57,349 --> 00:38:55,280

they're connected they're connected

873

00:38:59,349 --> 00:38:57,359

consciously

874

00:39:01,510 --> 00:38:59,359

and so being of service they are being

875

00:39:04,710 --> 00:39:01,520

serviced themselves

876

00:39:06,390 --> 00:39:04,720

passion sincerity humility

877

00:39:09,109 --> 00:39:06,400

and lastly

878

00:39:13,000 --> 00:39:09,119

equally as powerful and as important

879

00:39:16,950 --> 00:39:15,270

[Music]

880

00:39:19,109 --> 00:39:16,960

peeling that open

881

00:39:20,950 --> 00:39:19,119

and making yourself vulnerable

882

00:39:22,550 --> 00:39:20,960

taking your clothes off

883

00:39:24,230 --> 00:39:22,560

literally

884

00:39:26,870 --> 00:39:24,240

or figuratively

885

00:39:28,310 --> 00:39:26,880

because it's all actually all literal

886

00:39:29,430 --> 00:39:28,320

ask yourself do you well of course i'm

887

00:39:33,030 --> 00:39:29,440

not going to just go in the room and

888

00:39:36,950 --> 00:39:35,430

but i do recognize and not doing that

889

00:39:38,150 --> 00:39:36,960

somehow somewhere inside of me i do have

890

00:39:39,670 --> 00:39:38,160

an issue with that

891

00:39:40,870 --> 00:39:39,680

well keith it's because it's respectful

892

00:39:43,270 --> 00:39:40,880

i get all that

893

00:39:45,030 --> 00:39:43,280

point is analogously it does lay itself

894

00:39:47,910 --> 00:39:45,040

out

895

00:39:52,150 --> 00:39:47,920

there's a part of us

896

00:40:00,069 --> 00:39:55,030

all the work you've done

897

00:40:01,190 --> 00:40:00,079

passion sincerity humility is for not

898

00:40:02,630 --> 00:40:01,200

if you don't open the gate for that

899

00:40:04,309 --> 00:40:02,640

light to come out

900

00:40:05,750 --> 00:40:04,319

okay so i'm passionate i'm trying to

901
00:40:07,990 --> 00:40:05,760
create something i'm trying to do this

902
00:40:10,870 --> 00:40:08,000
thing that brings me joy and i mean it

903
00:40:12,870 --> 00:40:10,880
i'm so sincere about it i just want this

904
00:40:15,270 --> 00:40:12,880
because it's me

905
00:40:17,109 --> 00:40:15,280
and i'm humbled to be of service and all

906
00:40:18,710 --> 00:40:17,119
these things and creates a bridge to

907
00:40:21,030 --> 00:40:18,720
that thing i'm wanting

908
00:40:23,190 --> 00:40:21,040
but if you don't ever open up the spigot

909
00:40:25,829 --> 00:40:23,200
the water is not going to flow

910
00:40:27,910 --> 00:40:25,839
you have to let this light of yours

911
00:40:29,829 --> 00:40:27,920
shine this little light of yours you

912
00:40:31,990 --> 00:40:29,839
have to open it up

913
00:40:35,270 --> 00:40:32,000

you have to be seen

914

00:40:36,790 --> 00:40:35,280

many people are scared to be seen

915

00:40:38,790 --> 00:40:36,800

i've seen in people's eyes people's

916

00:40:40,150 --> 00:40:38,800

faces how they dress what they say what

917

00:40:43,430 --> 00:40:40,160

they don't say more importantly what

918

00:40:45,670 --> 00:40:43,440

they don't say there is another language

919

00:40:47,430 --> 00:40:45,680

happening beyond what's being spoken

920

00:40:49,190 --> 00:40:47,440

and if you learn to hear this language

921

00:40:51,829 --> 00:40:49,200

of light

922

00:40:55,349 --> 00:40:51,839

there is more information being passed

923

00:40:58,630 --> 00:40:57,030

and then you will see people's level of

924

00:41:00,470 --> 00:40:58,640

vulnerability

925

00:41:01,829 --> 00:41:00,480

or not

926
00:41:03,910 --> 00:41:01,839
so

927
00:41:07,670 --> 00:41:03,920
if we look at the analogy

928
00:41:12,150 --> 00:41:07,680
let's let's use these four models as the

929
00:41:15,510 --> 00:41:13,510
what is heaven on earth people think

930
00:41:17,829 --> 00:41:15,520
it's a future event it's not

931
00:41:20,550 --> 00:41:17,839
it's a manifestation of your divine self

932
00:41:22,710 --> 00:41:20,560
in every moment

933
00:41:25,670 --> 00:41:22,720
so we look at the life of christ

934
00:41:27,190 --> 00:41:25,680
and then we see him in this image

935
00:41:29,190 --> 00:41:27,200
right

936
00:41:31,589 --> 00:41:29,200
what is the first one of the four that

937
00:41:33,030 --> 00:41:31,599
we just talked about passion

938
00:41:35,910 --> 00:41:33,040

what is

939

00:41:36,790 --> 00:41:35,920

the crucifixion the death of one's old

940

00:41:38,710 --> 00:41:36,800

self

941

00:41:41,589 --> 00:41:38,720

to become resurrected what is that

942

00:41:43,589 --> 00:41:41,599

called the passion of the christ this is

943

00:41:45,510 --> 00:41:43,599

coming to me in this moment

944

00:41:47,190 --> 00:41:45,520

i have no idea where it says god it's

945

00:41:50,230 --> 00:41:47,200

called the passion of the christ so

946

00:41:52,069 --> 00:41:50,240

likewise we have to become passionate

947

00:41:53,990 --> 00:41:52,079

he was sincere man

948

00:42:02,230 --> 00:41:54,000

i'm going to do this

949

00:42:02,240 --> 00:42:05,270

his humility

950

00:42:11,030 --> 00:42:06,790

to be of service

951
00:42:12,390 --> 00:42:11,040
to all of humanity past present future

952
00:42:16,069 --> 00:42:12,400
bowing down

953
00:42:18,069 --> 00:42:16,079
you lift ironically

954
00:42:21,589 --> 00:42:18,079
when you bow

955
00:42:23,750 --> 00:42:21,599
the lower you are the higher you are

956
00:42:25,349 --> 00:42:23,760
that would be

957
00:42:27,670 --> 00:42:25,359
humility

958
00:42:29,829 --> 00:42:27,680
vulnerability

959
00:42:31,829 --> 00:42:29,839
he made himself

960
00:42:34,069 --> 00:42:31,839
naked literally

961
00:42:36,390 --> 00:42:34,079
metaphorically as well he made himself

962
00:42:39,589 --> 00:42:36,400
vulnerable by exposing

963
00:42:46,309 --> 00:42:39,599

his core his light

964

00:42:49,589 --> 00:42:47,750

heaven

965

00:42:51,190 --> 00:42:49,599

comes down

966

00:42:52,950 --> 00:42:51,200

earth goes across

967

00:42:54,069 --> 00:42:52,960

heaven on earth

968

00:42:56,069 --> 00:42:54,079

so he was

969

00:42:59,109 --> 00:42:56,079

mailed to this cross

970

00:43:01,829 --> 00:42:59,119

upon this cross by these two planes of

971

00:43:04,470 --> 00:43:01,839

experience these two planes of existence

972

00:43:06,550 --> 00:43:04,480

and he exposes himself

973

00:43:12,350 --> 00:43:06,560

but notice where these two planes on

974

00:43:12,360 --> 00:43:19,589

[Music]

975

00:43:24,230 --> 00:43:21,910

yeah right exactly which brings us

976
00:43:27,030 --> 00:43:24,240
ultimately back to wholeness beyond the

977
00:43:28,069 --> 00:43:27,040
duality left right and out hot cold good

978
00:43:30,630 --> 00:43:28,079
bad

979
00:43:32,069 --> 00:43:30,640
so um i'm going to move into

980
00:43:39,109 --> 00:43:32,079
[Music]

981
00:43:39,119 --> 00:43:41,910
was birthed

982
00:43:41,920 --> 00:43:44,870
for those

983
00:43:48,790 --> 00:43:46,630
the divine principle anchoring heaven on

984
00:43:50,390 --> 00:43:48,800
earth

985
00:43:51,589 --> 00:43:50,400
prior

986
00:43:55,750 --> 00:43:51,599
let's say

987
00:43:59,910 --> 00:43:57,910
98

988
00:44:02,069 --> 00:43:59,920

i was with the girl for 10 years before

989

00:44:05,990 --> 00:44:02,079

19.

990

00:44:09,990 --> 00:44:07,270

sheila

991

00:44:13,030 --> 00:44:10,000

i'm an aspiring sorry i wanted to be an

992

00:44:14,790 --> 00:44:13,040

aspiring professional musician

993

00:44:16,630 --> 00:44:14,800

i learned my craft started to play in

994

00:44:18,069 --> 00:44:16,640

some really good bands wanted that

995

00:44:19,910 --> 00:44:18,079

record deal

996

00:44:25,030 --> 00:44:19,920

and i leaned on her pretty hard but she

997

00:44:27,670 --> 00:44:25,040

fell in love if you will with a rock guy

998

00:44:30,390 --> 00:44:27,680

she was my food transportation shelter

999

00:44:32,150 --> 00:44:30,400

my intimacy all these things through the

1000

00:44:33,430 --> 00:44:32,160

fighting of many years she said see you

1001
00:44:35,750 --> 00:44:33,440
later

1002
00:44:38,069 --> 00:44:35,760
i had nothing

1003
00:44:39,349 --> 00:44:38,079
nothing she was all that to me and so it

1004
00:44:42,390 --> 00:44:39,359
all went away

1005
00:44:45,510 --> 00:44:42,400
and i fell into a dark night of the soul

1006
00:44:48,550 --> 00:44:46,710
finally

1007
00:44:49,670 --> 00:44:48,560
over many years early in my life i was

1008
00:44:51,510 --> 00:44:49,680
going to be a catholic priest and i was

1009
00:44:53,109 --> 00:44:51,520
very serious about it i still have that

1010
00:44:55,030 --> 00:44:53,119
sort of image now as far as the black

1011
00:44:59,750 --> 00:44:55,040
and all that stuff but i want to be a

1012
00:45:03,190 --> 00:45:01,829
my dad gives me electric guitar

1013
00:45:05,190 --> 00:45:03,200

because sorry god

1014

00:45:06,630 --> 00:45:05,200

put him in the closet

1015

00:45:08,790 --> 00:45:06,640

and i lived the lifestyle and then i met

1016

00:45:10,870 --> 00:45:08,800

her

1017

00:45:12,550 --> 00:45:10,880

and when she left i went back to the

1018

00:45:14,870 --> 00:45:12,560

closet

1019

00:45:17,670 --> 00:45:14,880

blew the dust off

1020

00:45:21,030 --> 00:45:17,680

pulled out the god experience

1021

00:45:24,309 --> 00:45:22,870

many people say i need to hear your

1022

00:45:26,230 --> 00:45:24,319

voice

1023

00:45:27,910 --> 00:45:26,240

it doesn't happen

1024

00:45:29,910 --> 00:45:27,920

somehow

1025

00:45:31,109 --> 00:45:29,920

i've been a good little boy along the

1026

00:45:32,950 --> 00:45:31,119

way of my life

1027

00:45:34,870 --> 00:45:32,960

that i found that very passionate

1028

00:45:37,670 --> 00:45:34,880

sincerity humility and vulnerability in

1029

00:45:39,589 --> 00:45:37,680

my asking and i asked for three to four

1030

00:45:41,589 --> 00:45:39,599

weeks

1031

00:45:43,109 --> 00:45:41,599

i named you

1032

00:45:45,829 --> 00:45:43,119

i was serious about it

1033

00:45:48,950 --> 00:45:45,839

i need you i really meant it

1034

00:45:50,470 --> 00:45:48,960

all those four those four components

1035

00:45:54,470 --> 00:45:50,480

three weeks later i'm playing music at a

1036

00:45:56,950 --> 00:45:54,480

casino long sets seven of them

1037

00:45:58,550 --> 00:45:56,960

40 50 minutes away i'll come back home

1038

00:45:59,829 --> 00:45:58,560

god i'm just

1039

00:46:01,270 --> 00:45:59,839

i don't care what happens i just want to

1040

00:46:03,270 --> 00:46:01,280

go to sleep

1041

00:46:04,550 --> 00:46:03,280

and about six ish in the morning and

1042

00:46:05,910 --> 00:46:04,560

good morning keith or something you wake

1043

00:46:07,510 --> 00:46:05,920

up

1044

00:46:09,990 --> 00:46:07,520

nobody's in my house

1045

00:46:13,510 --> 00:46:10,000

nobody is in my house

1046

00:46:19,510 --> 00:46:16,550

keith i asked you to awake

1047

00:46:20,550 --> 00:46:19,520

and then i was laid violently

1048

00:46:22,470 --> 00:46:20,560

lovingly

1049

00:46:23,750 --> 00:46:22,480

on the bed and thrown into a full-blown

1050

00:46:25,910 --> 00:46:23,760

experience with god

1051

00:46:28,150 --> 00:46:25,920

this book is sort of set up

1052

00:46:30,390 --> 00:46:28,160

set up like near down on walsh

1053

00:46:31,349 --> 00:46:30,400

conversations with god this book was

1054

00:46:33,109 --> 00:46:31,359

half

1055

00:46:35,589 --> 00:46:33,119

six months into the writing before neil

1056

00:46:37,190 --> 00:46:35,599

donald walsh ever came onto the scene so

1057

00:46:40,069 --> 00:46:37,200

it was not plagiarized at all

1058

00:46:43,670 --> 00:46:40,079

copyrighted or anything like that

1059

00:46:46,870 --> 00:46:43,680

yes question and dialogue with spirit

1060

00:46:48,950 --> 00:46:46,880

so when i was laid on the bed

1061

00:46:50,870 --> 00:46:48,960

everything it was well when i was thrown

1062

00:46:52,390 --> 00:46:50,880

laid on the bed i was thrown into a

1063

00:46:54,550 --> 00:46:52,400

divine experience

1064

00:46:56,470 --> 00:46:54,560

i could smell the voice i could hear the

1065

00:46:58,309 --> 00:46:56,480

voice i could taste the voice i could

1066

00:47:01,109 --> 00:46:58,319

see the voice i could feel the voice it

1067

00:47:03,990 --> 00:47:01,119

was just permeating everything i knew

1068

00:47:05,910 --> 00:47:04,000

until that moment was me

1069

00:47:07,990 --> 00:47:05,920

and it said grab your tape recorder go

1070

00:47:10,390 --> 00:47:08,000

sit on the sofa and press records

1071

00:47:12,309 --> 00:47:10,400

whatever i'm going to talk about this is

1072

00:47:14,790 --> 00:47:12,319

trust me the thoughts will be there

1073

00:47:16,230 --> 00:47:14,800

when i received this whole thought it

1074

00:47:18,069 --> 00:47:16,240

wasn't lenient thought thought after

1075

00:47:19,750 --> 00:47:18,079

thought after thought listen listen

1076

00:47:20,950 --> 00:47:19,760

follow the instructions it was an

1077

00:47:22,150 --> 00:47:20,960

impregnation

1078

00:47:24,150 --> 00:47:22,160

an impression

1079

00:47:25,670 --> 00:47:24,160

and all of it was contained in this

1080

00:47:27,750 --> 00:47:25,680

beautiful

1081

00:47:29,109 --> 00:47:27,760

bubble if you will

1082

00:47:31,510 --> 00:47:29,119

even this moment is contained in that

1083

00:47:33,430 --> 00:47:31,520

bubble for me

1084

00:47:35,109 --> 00:47:33,440

over a period of dialoguing with the

1085

00:47:37,670 --> 00:47:35,119

voice voice said enough of the

1086

00:47:38,950 --> 00:47:37,680

meditation trying to hear me if you will

1087

00:47:40,710 --> 00:47:38,960

go live these principles because the

1088

00:47:43,109 --> 00:47:40,720

book will be unbalanced if you don't put

1089

00:47:44,710 --> 00:47:43,119

into motion and anchor these principles

1090

00:47:46,549 --> 00:47:44,720

because then you will be reciting

1091

00:47:47,589 --> 00:47:46,559

information just like a parrot

1092

00:47:50,309 --> 00:47:47,599

one more

1093

00:47:52,150 --> 00:47:50,319

these these principles hence the divine

1094

00:47:55,510 --> 00:47:52,160

principle anchoring heaven on earth

1095

00:47:58,240 --> 00:47:55,520

becoming the embodiment of this truth

1096

00:48:00,150 --> 00:47:58,250

became alive in me

1097

00:48:04,069 --> 00:48:00,160

[Music]

1098

00:48:10,230 --> 00:48:07,589

i began to follow a divine incarnation

1099

00:48:12,710 --> 00:48:10,240

which is tattooed on my arm

1100

00:48:14,470 --> 00:48:12,720

i have more work to do

1101

00:48:15,829 --> 00:48:14,480

i learned of this the presence of this

1102

00:48:18,470 --> 00:48:15,839

holy name

1103

00:48:22,309 --> 00:48:18,480

bhagavan sri sathya sai baba

1104

00:48:26,309 --> 00:48:22,319

satya is truth psy is mother

1105

00:48:27,990 --> 00:48:26,319

baba like abba and the bible is father

1106

00:48:32,790 --> 00:48:28,000

that this man

1107

00:48:39,190 --> 00:48:35,190

is the highest

1108

00:48:43,750 --> 00:48:41,670

to ever come to the earth ever what i

1109

00:48:46,829 --> 00:48:43,760

mean by highest doesn't mean jesus is

1110

00:48:49,750 --> 00:48:46,839

not as high doesn't mean that highest

1111

00:48:52,470 --> 00:48:49,760

means it's the godhead literally

1112

00:48:53,990 --> 00:48:52,480

personifying itself on the earth jesus

1113

00:48:56,069 --> 00:48:54,000

was a man who over the course of his

1114

00:48:58,630 --> 00:48:56,079

life became unified with god hence the

1115

00:49:01,589 --> 00:48:58,640

holy spirit uh the holy spirit dove

1116

00:49:03,910 --> 00:49:01,599

descended into him baptism para mahanti

1117

00:49:05,750 --> 00:49:03,920

yogananda you and i are yogis just like

1118

00:49:07,190 --> 00:49:05,760

jesus and buddha we aspire through the

1119

00:49:08,309 --> 00:49:07,200

course of our life

1120

00:49:09,510 --> 00:49:08,319

to become

1121

00:49:11,190 --> 00:49:09,520

a yogi

1122

00:49:13,910 --> 00:49:11,200

to become realized

1123

00:49:15,510 --> 00:49:13,920

that's not what southeast cyborg is

1124

00:49:17,349 --> 00:49:15,520

i found out about his presence on the

1125

00:49:19,589 --> 00:49:17,359

earth i started reading every book i

1126
00:49:21,510 --> 00:49:19,599
could find not because he writes books

1127
00:49:23,750 --> 00:49:21,520
people go over there to experience the

1128
00:49:26,549 --> 00:49:23,760
noise the height they're hearing

1129
00:49:28,390 --> 00:49:26,559
some scientists some doctors to disprove

1130
00:49:30,870 --> 00:49:28,400
and these are the people coming

1131
00:49:32,630 --> 00:49:30,880
coming back writing these books going

1132
00:49:34,390 --> 00:49:32,640
i don't know what that was

1133
00:49:37,750 --> 00:49:34,400
so i started reading these books he

1134
00:49:37,760 --> 00:49:53,510
one night after about a year

1135
00:50:01,030 --> 00:49:54,470
title

1136
00:50:05,910 --> 00:50:03,990
becomes a state of awareness in my sleep

1137
00:50:07,190 --> 00:50:05,920
any standing

1138
00:50:08,390 --> 00:50:07,200

across the river

1139

00:50:09,990 --> 00:50:08,400

quite a distance and maybe hit it in

1140

00:50:11,270 --> 00:50:10,000

front of the building

1141

00:50:13,990 --> 00:50:11,280

across the river he's talking to me

1142

00:50:15,190 --> 00:50:14,000

telepathically i can hear him perfectly

1143

00:50:16,549 --> 00:50:15,200

and he says

1144

00:50:20,069 --> 00:50:16,559

the first thing when i see him i'm like

1145

00:50:21,270 --> 00:50:20,079

this and like you may just keep standing

1146

00:50:23,430 --> 00:50:21,280

he says

1147

00:50:25,270 --> 00:50:23,440

come see me an indian i'm like oh my god

1148

00:50:26,710 --> 00:50:25,280

i would love to

1149

00:50:27,990 --> 00:50:26,720

but i've never done such a thing how

1150

00:50:29,589 --> 00:50:28,000

will i do this

1151

00:50:31,510 --> 00:50:29,599

where will i get the money i've never

1152

00:50:33,829 --> 00:50:31,520

left the country because keith put all

1153

00:50:35,430 --> 00:50:33,839

this nonsense down i got you covered you

1154

00:50:37,589 --> 00:50:35,440

come here to put your feet on indian

1155

00:50:39,270 --> 00:50:37,599

soil only to turn around and go home do

1156

00:50:41,190 --> 00:50:39,280

this for me

1157

00:50:42,630 --> 00:50:41,200

absolutely i woke up in the morning

1158

00:50:45,030 --> 00:50:42,640

going

1159

00:50:47,030 --> 00:50:45,040

that was so surreal and out of all the

1160

00:50:48,710 --> 00:50:47,040

books i've read

1161

00:50:50,470 --> 00:50:48,720

that when he appears to you in a dream

1162

00:50:52,630 --> 00:50:50,480

you're not dreaming that's why no one

1163

00:50:54,790 --> 00:50:52,640

can just dream of jesus or buddha you

1164

00:50:55,750 --> 00:50:54,800

just can't do it unless you're being

1165

00:50:57,270 --> 00:50:55,760

visited

1166

00:50:59,349 --> 00:50:57,280

blessings of a holy person called

1167

00:51:01,349 --> 00:50:59,359

darshan

1168

00:51:02,549 --> 00:51:01,359

so woke up in morning going how will it

1169

00:51:03,910 --> 00:51:02,559

do this where would i get the menace of

1170

00:51:06,069 --> 00:51:03,920

keith keith stop

1171

00:51:07,430 --> 00:51:06,079

if you believe all the things you read

1172

00:51:09,349 --> 00:51:07,440

put it aside

1173

00:51:11,910 --> 00:51:09,359

wrong

1174

00:51:13,349 --> 00:51:11,920

i think it might become the inky

1175

00:51:14,790 --> 00:51:13,359

two weeks later i get a phone call from

1176

00:51:19,270 --> 00:51:14,800

a lady i never met

1177

00:51:21,270 --> 00:51:19,280

hi keith my name is debbie jabor hi

1178

00:51:22,790 --> 00:51:21,280

debbie what can i do for you keith we

1179

00:51:24,150 --> 00:51:22,800

have a mutual friend the word got to me

1180

00:51:26,870 --> 00:51:24,160

you want to go to india to see a holy

1181

00:51:28,870 --> 00:51:26,880

man i said yes ma'am she says keith i'm

1182

00:51:30,630 --> 00:51:28,880

a flight attendant

1183

00:51:32,950 --> 00:51:30,640

i got some companion passes for the year

1184

00:51:35,109 --> 00:51:32,960

that are about to expire and i would not

1185

00:51:36,950 --> 00:51:35,119

like that to happen knowing you want to

1186

00:51:38,630 --> 00:51:36,960

go to india to experience this whole

1187

00:51:39,910 --> 00:51:38,640

again

1188

00:51:42,870 --> 00:51:39,920

can i give you a first class roundtrip

1189

00:51:44,069 --> 00:51:42,880

ticket for that to happen no i literally

1190

00:51:46,230 --> 00:51:44,079

fell

1191

00:51:48,829 --> 00:51:46,240

and hurt my knees because i just dropped

1192

00:51:52,549 --> 00:51:48,839

and started balling just bawling for an

1193

00:51:54,549 --> 00:51:52,559

hour three months later

1194

00:51:56,470 --> 00:51:54,559

i'm standing on this ashram

1195

00:51:58,630 --> 00:51:56,480

in the back because i got there late

1196

00:52:00,810 --> 00:51:58,640

only to find this five foot one little

1197

00:52:02,150 --> 00:52:00,820

man come out of the gate on the west

1198

00:52:04,390 --> 00:52:02,160

[Music]

1199

00:52:06,390 --> 00:52:04,400

i had it literally a dream

1200

00:52:09,190 --> 00:52:06,400

is that a dream i had a dream realize

1201

00:52:12,470 --> 00:52:09,200

itself and i'm saying

1202

00:52:15,190 --> 00:52:12,480

oh my god is this really happening

1203

00:52:17,670 --> 00:52:15,200

this was

1204

00:52:20,790 --> 00:52:17,680

the integration of spirit excuse me the

1205

00:52:23,670 --> 00:52:20,800

initiation of spirit in my life

1206

00:52:24,549 --> 00:52:23,680

the initiation keith i am making myself

1207

00:52:26,309 --> 00:52:24,559

known

1208

00:52:28,230 --> 00:52:26,319

not just because you pray to me and

1209

00:52:29,910 --> 00:52:28,240

here's a couple of bones here and there

1210

00:52:31,030 --> 00:52:29,920

you know here's some scraps do what you

1211

00:52:35,430 --> 00:52:31,040

can with that

1212

00:52:37,349 --> 00:52:35,440

no this was truly divine fire

1213

00:52:39,430 --> 00:52:37,359

this

1214

00:52:41,030 --> 00:52:39,440

was actually the integration phase of my

1215

00:52:44,549 --> 00:52:41,040

life of spirit

1216

00:52:47,750 --> 00:52:44,559

being a this was hearing

1217

00:52:49,589 --> 00:52:47,760

this is hearing this is hearing

1218

00:52:51,510 --> 00:52:49,599

this is all hearing it's a way of seeing

1219

00:52:54,150 --> 00:52:51,520

a way of taking in information

1220

00:52:57,270 --> 00:52:54,160

this was actually being in the presence

1221

00:52:58,470 --> 00:52:57,280

of a divine man god itself being able to

1222

00:53:00,470 --> 00:52:58,480

touch him haven't talked to me

1223

00:53:02,710 --> 00:53:00,480

telepathically doing things in front of

1224

00:53:04,549 --> 00:53:02,720

me manifesting objects at will changing

1225

00:53:07,030 --> 00:53:04,559

the weather right in front of you

1226
00:53:07,750 --> 00:53:07,040
this was the integration period for me

1227
00:53:11,490 --> 00:53:07,760
for

1228
00:53:16,549 --> 00:53:11,500
playing with spirit

1229
00:53:25,510 --> 00:53:18,790
this

1230
00:53:29,430 --> 00:53:25,520
now

1231
00:53:30,710 --> 00:53:29,440
you could buy this book in this book

1232
00:53:32,309 --> 00:53:30,720
or not

1233
00:53:34,150 --> 00:53:32,319
but if you bought the ideas if you

1234
00:53:36,390 --> 00:53:34,160
bought these books and read them would

1235
00:53:37,910 --> 00:53:36,400
you get the same effect

1236
00:53:40,549 --> 00:53:37,920
sure

1237
00:53:43,510 --> 00:53:40,559
but if you buy this book

1238
00:53:46,790 --> 00:53:43,520

it shows something else because

1239

00:53:50,390 --> 00:53:46,800

this is not just about the words

1240

00:53:52,790 --> 00:53:50,400

this is about generating an effect

1241

00:53:54,950 --> 00:53:52,800

so in effect the reason i wrote this

1242

00:53:56,870 --> 00:53:54,960

book this way which is

1243

00:53:59,510 --> 00:53:56,880

the first part of this book

1244

00:54:01,190 --> 00:53:59,520

there's another volume coming of this

1245

00:54:02,230 --> 00:54:01,200

first part of this book is a few

1246

00:54:04,470 --> 00:54:02,240

chapters

1247

00:54:06,150 --> 00:54:04,480

when i went to india the stopping period

1248

00:54:08,470 --> 00:54:06,160

of writing this book

1249

00:54:11,589 --> 00:54:08,480

when i went to india is where i inserted

1250

00:54:13,109 --> 00:54:11,599

india in here now when i went to from

1251

00:54:15,030 --> 00:54:13,119

the divine principle

1252

00:54:16,710 --> 00:54:15,040

it's present

1253

00:54:18,390 --> 00:54:16,720

because i'm just asking god questions i

1254

00:54:19,990 --> 00:54:18,400

don't say like well you remember last

1255

00:54:20,710 --> 00:54:20,000

week when you and i it's all about just

1256

00:54:21,990 --> 00:54:20,720

a dialogue

1257

00:54:24,870 --> 00:54:22,000

[Music]

1258

00:54:27,349 --> 00:54:24,880

this book i decided to write in present

1259

00:54:29,430 --> 00:54:27,359

tense not when when i went to the ashram

1260

00:54:32,150 --> 00:54:29,440

two years ago to my readers i

1261

00:54:33,589 --> 00:54:32,160

experienced past tense this thing this

1262

00:54:35,589 --> 00:54:33,599

thing that thing

1263

00:54:36,549 --> 00:54:35,599

i spoke it in i wrote it in present

1264

00:54:38,630 --> 00:54:36,559

tense

1265

00:54:40,950 --> 00:54:38,640

oh my god this is actually transplanting

1266

00:54:44,549 --> 00:54:40,960

right in front of my face so you can see

1267

00:54:49,349 --> 00:54:44,559

the power of this emotional

1268

00:54:55,430 --> 00:54:51,829

that this was actually happening

1269

00:54:57,510 --> 00:54:55,440

so you can feel the same bang

1270

00:54:59,349 --> 00:54:57,520

that i went through

1271

00:55:01,910 --> 00:54:59,359

some of these experiences i've had when

1272

00:55:04,069 --> 00:55:01,920

i was in india are beyond understanding

1273

00:55:06,710 --> 00:55:04,079

truly beyond understanding there's no

1274

00:55:08,710 --> 00:55:06,720

way i can find words to express to you

1275

00:55:09,829 --> 00:55:08,720

some of these things that took place in

1276

00:55:11,910 --> 00:55:09,839

most people immediately think i'm

1277

00:55:14,069 --> 00:55:11,920

talking about here out here i am talking

1278

00:55:15,750 --> 00:55:14,079

about out here but what was happening in

1279

00:55:17,670 --> 00:55:15,760

here was something far greater than out

1280

00:55:19,750 --> 00:55:17,680

there for example

1281

00:55:22,950 --> 00:55:19,760

when this divine man would walk into the

1282

00:55:28,710 --> 00:55:26,549

35 plus thousand on a normal day wow 250

1283

00:55:30,309 --> 00:55:28,720

000 on a festival day

1284

00:55:34,069 --> 00:55:30,319

it looks like a college basically the

1285

00:55:37,270 --> 00:55:35,190

so they are there from all over the

1286

00:55:38,870 --> 00:55:37,280

world christians buddhists

1287

00:55:39,829 --> 00:55:38,880

zoriastar

1288

00:55:41,349 --> 00:55:39,839

hindi

1289

00:55:42,630 --> 00:55:41,359

muslims

1290

00:55:44,870 --> 00:55:42,640

everybody dressing their religion in

1291

00:55:47,109 --> 00:55:44,880

their garb and just loving each other

1292

00:55:50,710 --> 00:55:47,119

that was the greatest miracle beyond

1293

00:55:53,910 --> 00:55:52,630

so when he would walk out because many

1294

00:55:54,789 --> 00:55:53,920

people flow from halfway around the

1295

00:55:57,670 --> 00:55:54,799

world

1296

00:56:00,150 --> 00:55:57,680

even from asia even from south america

1297

00:56:01,990 --> 00:56:00,160

australia to being in the presence when

1298

00:56:03,190 --> 00:56:02,000

he walks out you don't seem to talk to

1299

00:56:04,390 --> 00:56:03,200

your friend well check out what he's

1300

00:56:06,230 --> 00:56:04,400

wearing

1301

00:56:10,630 --> 00:56:06,240

you just focus on the avatar and

1302

00:56:13,829 --> 00:56:12,309

when he starts turning that hand he's

1303

00:56:15,829 --> 00:56:13,839

about to materialize something out of

1304

00:56:17,910 --> 00:56:15,839

nothing right in front of

1305

00:56:21,510 --> 00:56:17,920

when he starts turning his hand

1306

00:56:24,950 --> 00:56:23,190

shoots through the roof the excitement

1307

00:56:26,470 --> 00:56:24,960

oh my god he's about to create so notice

1308

00:56:27,910 --> 00:56:26,480

the posture i'm doing now it's like

1309

00:56:29,349 --> 00:56:27,920

everybody energy ramps and they're

1310

00:56:32,230 --> 00:56:29,359

hunkering in

1311

00:56:37,589 --> 00:56:32,240

on him so if you think about at least or

1312

00:56:40,549 --> 00:56:37,599

more 35 plus thousand consciousnesses

1313

00:56:42,470 --> 00:56:40,559

focused on a single point

1314

00:56:44,390 --> 00:56:42,480

i often said

1315

00:56:46,630 --> 00:56:44,400

psy bible says one when i'm with women

1316

00:56:48,390 --> 00:56:46,640

i'm a woman when i'm with men

1317

00:56:54,150 --> 00:56:48,400

i'm a man with i'm on children i'm just

1318

00:56:57,510 --> 00:56:55,910

though he has this ability to do

1319

00:56:59,829 --> 00:56:57,520

whatever you want you often see him

1320

00:57:03,109 --> 00:56:59,839

writing

1321

00:57:05,270 --> 00:57:03,119

he's creating universal scripts codes

1322

00:57:07,270 --> 00:57:05,280

i mean

1323

00:57:08,630 --> 00:57:07,280

there's another aspect of this

1324

00:57:10,870 --> 00:57:08,640

i'll let you read the book for that he

1325

00:57:12,710 --> 00:57:10,880

choose

1326
00:57:15,270 --> 00:57:12,720
but i often wonder when you manifest

1327
00:57:16,870 --> 00:57:15,280
things you got all these people like

1328
00:57:19,349 --> 00:57:16,880
star wars

1329
00:57:21,510 --> 00:57:19,359
the first one's all around you right

1330
00:57:23,910 --> 00:57:21,520
so when he starts to turn his hand he's

1331
00:57:27,030 --> 00:57:23,920
drawing in all this power here's the

1332
00:57:28,710 --> 00:57:27,040
delicious part of it wherever this

1333
00:57:31,349 --> 00:57:28,720
object comes from

1334
00:57:34,150 --> 00:57:31,359
because we're all invested we all go

1335
00:57:35,829 --> 00:57:34,160
there together and retrieve it

1336
00:57:39,030 --> 00:57:35,839
and we all bring it back and you can

1337
00:57:40,549 --> 00:57:39,040
feel it you can feel yourself as him

1338
00:57:43,109 --> 00:57:40,559

manifesting

1339

00:57:45,829 --> 00:57:43,119

amazing powerful stuff

1340

00:57:47,030 --> 00:57:45,839

what time does so know what i'm

1341

00:57:49,750 --> 00:57:47,040

thank you

1342

00:57:51,750 --> 00:57:49,760

11 10 110. wonderful

1343

00:57:54,069 --> 00:57:51,760

any questions at this point

1344

00:57:56,069 --> 00:57:54,079

when you say manifesting you're talking

1345

00:57:58,309 --> 00:57:56,079

about the manifestation not of energy

1346

00:57:59,910 --> 00:57:58,319

but of a physical

1347

00:58:04,950 --> 00:57:59,920

bringing something from nothing into

1348

00:58:09,349 --> 00:58:07,910

there's so many things i've seen him do

1349

00:58:11,430 --> 00:58:09,359

but when you're in it

1350

00:58:13,190 --> 00:58:11,440

you see it as him but you know somehow

1351
00:58:14,470 --> 00:58:13,200
it belongs to you you know it's your

1352
00:58:18,549 --> 00:58:14,480
birthright

1353
00:58:20,710 --> 00:58:18,559
and so in this integration process from

1354
00:58:24,549 --> 00:58:20,720
initiation

1355
00:58:28,390 --> 00:58:26,470
now to the graduation phase of my life

1356
00:58:33,829 --> 00:58:28,400
means i still have tons of work

1357
00:58:37,510 --> 00:58:35,349
being there

1358
00:58:39,349 --> 00:58:37,520
in india

1359
00:58:40,870 --> 00:58:39,359
took me out of what i know my comfort

1360
00:58:43,430 --> 00:58:40,880
zone

1361
00:58:45,910 --> 00:58:43,440
to be with god you have to get out of

1362
00:58:48,789 --> 00:58:45,920
your comfort zone to be with god i know

1363
00:58:50,870 --> 00:58:48,799

when i say with god that implies

1364

00:58:53,589 --> 00:58:50,880

somewhere else

1365

00:58:55,349 --> 00:58:53,599

it's the humility i talked about that

1366

00:58:57,349 --> 00:58:55,359

brings that

1367

00:59:00,630 --> 00:58:57,359

something from the non-material into the

1368

00:59:02,630 --> 00:59:00,640

material which is this material body

1369

00:59:04,710 --> 00:59:02,640

as an experience so it's that very

1370

00:59:06,870 --> 00:59:04,720

humility i talked about

1371

00:59:08,230 --> 00:59:06,880

that opens the door that makes the

1372

00:59:10,230 --> 00:59:08,240

sandwich that

1373

00:59:15,270 --> 00:59:10,240

integrates the process

1374

00:59:20,309 --> 00:59:17,190

bridging the gap crossing the bridge to

1375

00:59:21,829 --> 00:59:20,319

the soul because early on in life

1376

00:59:23,270 --> 00:59:21,839

revering jesus

1377

00:59:26,789 --> 00:59:23,280

is wonderful

1378

00:59:29,990 --> 00:59:26,799

to a point until it becomes

1379

00:59:30,829 --> 00:59:30,000

non-serving because the whole existence

1380

00:59:34,549 --> 00:59:30,839

and

1381

00:59:36,950 --> 00:59:34,559

or experience or presentation of jesus's

1382

00:59:38,710 --> 00:59:36,960

life is so that you can become just like

1383

00:59:40,789 --> 00:59:38,720

him i am my father my father's in me and

1384

00:59:43,510 --> 00:59:40,799

i am in you so all that

1385

00:59:47,109 --> 00:59:43,520

i am in my father my father's in me and

1386

00:59:49,910 --> 00:59:47,119

i and you so it's all contained here

1387

00:59:52,870 --> 00:59:49,920

so humility jesus buddha krishna is

1388

00:59:55,030 --> 00:59:52,880

wonderful because it's the humility and

1389

00:59:57,990 --> 00:59:55,040

the luring of oneself that opens itself

1390

01:00:00,069 --> 00:59:58,000

up to stand up again to be erect

1391

01:00:04,710 --> 01:00:00,079

to have the birth of the christ within

1392

01:00:08,789 --> 01:00:06,150

was a man

1393

01:00:11,990 --> 01:00:08,799

christ is the spirit

1394

01:00:12,870 --> 01:00:12,000

christ is not jesus

1395

01:00:15,030 --> 01:00:12,880

well

1396

01:00:16,309 --> 01:00:15,040

christ is not jesus jesus became the

1397

01:00:17,349 --> 01:00:16,319

christ

1398

01:00:19,589 --> 01:00:17,359

calling

1399

01:00:22,549 --> 01:00:19,599

if insinuating that cro

1400

01:00:24,870 --> 01:00:22,559

the christ is jesus is saying

1401

01:00:27,270 --> 01:00:24,880

this is all it will ever be and jesus

1402

01:00:29,030 --> 01:00:27,280

and jesus alone

1403

01:00:30,870 --> 01:00:29,040

you can never graduate you should out of

1404

01:00:33,349 --> 01:00:30,880

luck all of you

1405

01:00:35,109 --> 01:00:33,359

the christ is the lord the lord is not a

1406

01:00:37,270 --> 01:00:35,119

man

1407

01:00:40,150 --> 01:00:37,280

the lord is that chair the lord comes

1408

01:00:42,710 --> 01:00:40,160

from the earth it rises up in

1409

01:00:44,789 --> 01:00:42,720

consciousness and power and might the

1410

01:00:46,630 --> 01:00:44,799

reason spirit is able to move that chair

1411

01:00:50,069 --> 01:00:46,640

at will because it is the chair it's not

1412

01:00:53,109 --> 01:00:50,079

separate from it otherwise it can do it

1413

01:00:56,069 --> 01:00:53,119

so these lessons always bring us back to

1414

01:00:58,390 --> 01:00:56,079

home it's about you always has been is

1415

01:01:00,069 --> 01:00:58,400

now and forever will be

1416

01:01:01,990 --> 01:01:00,079

there is nothing else

1417

01:01:03,349 --> 01:01:02,000

now we're here to have fun

1418

01:01:05,270 --> 01:01:03,359

if god is the beginning in the end the

1419

01:01:06,950 --> 01:01:05,280

alpha and the omega

1420

01:01:08,870 --> 01:01:06,960

we got that straight

1421

01:01:11,510 --> 01:01:08,880

what is all that

1422

01:01:13,829 --> 01:01:11,520

you take a dot the beginning a dot in

1423

01:01:16,870 --> 01:01:13,839

the end and you draw a straight line and

1424

01:01:18,390 --> 01:01:16,880

you're left with one line one

1425

01:01:20,150 --> 01:01:18,400

a power of one

1426
01:01:21,910 --> 01:01:20,160
so when we understand these simple

1427
01:01:22,870 --> 01:01:21,920
models

1428
01:01:26,230 --> 01:01:22,880
beyond

1429
01:01:28,710 --> 01:01:27,589
initiate

1430
01:01:30,870 --> 01:01:28,720
integrate

1431
01:01:33,510 --> 01:01:30,880
graduate

1432
01:01:35,829 --> 01:01:33,520
all these obstacles in life

1433
01:01:37,510 --> 01:01:35,839
the holdings on to the wire

1434
01:01:39,510 --> 01:01:37,520
they all super get removed you're done

1435
01:01:41,030 --> 01:01:39,520
with you've gotten aha someone told you

1436
01:01:42,390 --> 01:01:41,040
a joke three or four times you dated the

1437
01:01:44,230 --> 01:01:42,400
same person with a different face and a

1438
01:01:45,030 --> 01:01:44,240

different name oh you say

1439

01:01:46,710 --> 01:01:45,040

ah

1440

01:01:49,990 --> 01:01:46,720

there's no reason to tell you the joke

1441

01:01:50,789 --> 01:01:50,000

again the riddle's done

1442

01:01:53,990 --> 01:01:50,799

yes

1443

01:01:55,750 --> 01:01:54,000

so in homecoming you have recognized

1444

01:02:00,309 --> 01:01:55,760

that sai baba is you

1445

01:02:03,029 --> 01:02:00,319

it is me and at that phase of my life

1446

01:02:04,230 --> 01:02:03,039

in this phase of my life i was like

1447

01:02:06,069 --> 01:02:04,240

i need help

1448

01:02:08,150 --> 01:02:06,079

and then start to wreck show up and i

1449

01:02:10,150 --> 01:02:08,160

began to recognize him oh my god this is

1450

01:02:12,870 --> 01:02:10,160

so fun and so delicious i can't wait to

1451

01:02:15,750 --> 01:02:12,880

share to my brothers and sisters

1452

01:02:17,270 --> 01:02:15,760

then i learned of him

1453

01:02:19,670 --> 01:02:17,280

and i followed many different after all

1454

01:02:22,069 --> 01:02:19,680

jesus i found them all

1455

01:02:23,589 --> 01:02:22,079

but this one this one really got me when

1456

01:02:25,510 --> 01:02:23,599

i started following cyborg and pretty

1457

01:02:27,029 --> 01:02:25,520

much it was all about i made my heart i

1458

01:02:29,510 --> 01:02:27,039

had pictures

1459

01:02:31,829 --> 01:02:29,520

50 60 pictures at my house and bamboo in

1460

01:02:34,150 --> 01:02:31,839

the corner and it was this huge shrine i

1461

01:02:36,950 --> 01:02:34,160

had a picture the size of this door open

1462

01:02:39,829 --> 01:02:36,960

my fireplace it was all that

1463

01:02:42,470 --> 01:02:39,839

and it served its purpose

1464

01:02:43,589 --> 01:02:42,480

and when it came time i realized

1465

01:02:48,230 --> 01:02:43,599

it was me

1466

01:02:50,470 --> 01:02:48,240

still love bob and i love being in that

1467

01:02:52,150 --> 01:02:50,480

energy because it takes me from

1468

01:03:01,270 --> 01:02:52,160

here

1469

01:03:04,069 --> 01:03:01,280

so i'm losing honestly i'm losing time

1470

01:03:05,430 --> 01:03:04,079

in my life 24 hours is not 24 hours for

1471

01:03:07,029 --> 01:03:05,440

me anymore

1472

01:03:10,950 --> 01:03:07,039

i'm actually beginning to exist and

1473

01:03:19,029 --> 01:03:12,630

what does that feel like

1474

01:03:23,910 --> 01:03:21,510

in here is everything but it requires

1475

01:03:25,430 --> 01:03:23,920

being in the nothing to gain something

1476

01:03:27,190 --> 01:03:25,440
from it

1477

01:03:29,190 --> 01:03:27,200
there's no noise in there

1478

01:03:34,150 --> 01:03:29,200
well yes you already missed it

1479

01:03:38,549 --> 01:03:36,150
there's nothing in there

1480

01:03:39,510 --> 01:03:38,559
don't go into nothing expecting to find

1481

01:03:43,430 --> 01:03:39,520
something

1482

01:03:46,470 --> 01:03:43,440
will never achieve the no thing

1483

01:03:48,309 --> 01:03:46,480
the nothing the zero point what is zero

1484

01:03:50,309 --> 01:03:48,319
it's the point on a graduated scale

1485

01:03:53,109 --> 01:03:50,319
where the positive

1486

01:03:54,630 --> 01:03:53,119
the good and the negative the bad

1487

01:03:58,549 --> 01:03:54,640
on the graduated scale where they are

1488

01:04:02,230 --> 01:04:00,390

you don't have to pray pray for me to

1489

01:04:07,870 --> 01:04:02,240

take medicaid manifest meditate

1490

01:04:12,710 --> 01:04:10,870

[Music]

1491

01:04:15,109 --> 01:04:12,720

that's it

1492

01:04:18,010 --> 01:04:15,119

i've been doing this so long

1493

01:04:20,950 --> 01:04:18,020

and my open-eyedness with you right now

1494

01:04:23,670 --> 01:04:20,960

[Laughter]

1495

01:04:27,750 --> 01:04:23,680

all it requires for me is just a simple

1496

01:04:31,430 --> 01:04:29,829

and i fall right there i can sit in his

1497

01:04:33,510 --> 01:04:31,440

chair which i mean

1498

01:04:34,870 --> 01:04:33,520

and close my eyes and go to vessel

1499

01:04:37,270 --> 01:04:34,880

and spirit will be glad to tell you

1500

01:04:39,190 --> 01:04:37,280

whatever spirit is deemed appropriate

1501

01:04:41,109 --> 01:04:39,200

for this group including myself as a

1502

01:04:43,030 --> 01:04:41,119

listener because when i sit in a chair i

1503

01:04:46,069 --> 01:04:43,040

go into nothing keith does not exist

1504

01:04:47,750 --> 01:04:46,079

[Music]

1505

01:04:50,270 --> 01:04:47,760

so now i want to share with you some

1506

01:04:54,309 --> 01:04:50,280

techniques we did discuss

1507

01:04:55,990 --> 01:04:54,319

[Music]

1508

01:04:57,990 --> 01:04:56,000

do what you love

1509

01:05:00,630 --> 01:04:58,000

tell me about yours dear

1510

01:05:03,190 --> 01:05:00,640

about almost there but not

1511

01:05:05,190 --> 01:05:03,200

what i love you know i ask who is who

1512

01:05:06,710 --> 01:05:05,200

are doing what they love everyone raise

1513

01:05:08,950 --> 01:05:06,720

their hand right at the gut you did and

1514

01:05:11,349 --> 01:05:08,960

you kind of resisted so what is that for

1515

01:05:12,150 --> 01:05:11,359

you how may i support you

1516

01:05:14,150 --> 01:05:12,160

well

1517

01:05:16,789 --> 01:05:14,160

i don't know what it is there's like

1518

01:05:18,710 --> 01:05:16,799

something blocking what i know i need to

1519

01:05:20,789 --> 01:05:18,720

do but i don't know what that is and it

1520

01:05:23,589 --> 01:05:20,799

manifests like you were saying

1521

01:05:26,630 --> 01:05:23,599

into anxieties that i've never had like

1522

01:05:28,710 --> 01:05:26,640

panic attacks driving feeling in open

1523

01:05:31,029 --> 01:05:28,720

spaces like i'm i'm going to fall off

1524

01:05:34,150 --> 01:05:31,039

the edge but i don't know what that was

1525

01:05:35,589 --> 01:05:34,160

you want to change that yeah

1526
01:05:36,870 --> 01:05:35,599
i'm okay if you don't wear a mask that's

1527
01:05:39,430 --> 01:05:36,880
up to you

1528
01:05:40,870 --> 01:05:39,440
okay can i touch you

1529
01:05:42,230 --> 01:05:40,880
hi hi

1530
01:05:44,870 --> 01:05:42,240
doing well

1531
01:05:45,990 --> 01:05:44,880
i'm already reading checking you out

1532
01:05:47,750 --> 01:05:46,000
jacob

1533
01:05:50,390 --> 01:05:47,760
it's okay

1534
01:05:52,069 --> 01:05:50,400
jingle's good

1535
01:05:54,390 --> 01:05:52,079
what is it you want to do

1536
01:05:56,530 --> 01:05:54,400
i want to be a life coach but i want to

1537
01:05:57,750 --> 01:05:56,540
do it it's a beautiful idea

1538
01:05:59,670 --> 01:05:57,760

[Music]

1539

01:06:01,750 --> 01:05:59,680

what would be the right reasons and give

1540

01:06:05,029 --> 01:06:01,760

me an idea would be the wrong reason

1541

01:06:07,510 --> 01:06:05,039

to guide people not to fix them or teach

1542

01:06:10,309 --> 01:06:07,520

them what they should do but just to be

1543

01:06:11,670 --> 01:06:10,319

their whole space love them

1544

01:06:13,349 --> 01:06:11,680

so you want to be

1545

01:06:14,470 --> 01:06:13,359

you want to hold space for people as a

1546

01:06:19,430 --> 01:06:14,480

teacher

1547

01:06:19,440 --> 01:06:22,470

go do it

1548

01:06:27,109 --> 01:06:24,870

are you doing that at all

1549

01:06:28,549 --> 01:06:27,119

to what degree that you're stepping and

1550

01:06:30,069 --> 01:06:28,559

what is it that's causing you to not

1551

01:06:33,029 --> 01:06:30,079

step further

1552

01:06:34,789 --> 01:06:33,039

i fear that it's not going to be enough

1553

01:06:35,670 --> 01:06:34,799

give me an idea what is not enough

1554

01:06:37,430 --> 01:06:35,680

meaning

1555

01:06:39,349 --> 01:06:37,440

it's not going to be lucrative or not

1556

01:06:41,910 --> 01:06:39,359

enough in the form of

1557

01:06:42,870 --> 01:06:41,920

fulfilling or that i'm not good enough

1558

01:06:44,630 --> 01:06:42,880

like

1559

01:06:47,190 --> 01:06:44,640

good enough good enough at the task or

1560

01:06:51,029 --> 01:06:47,200

not good good enough as a person to be

1561

01:06:52,150 --> 01:06:51,039

one to divulge such wisdom

1562

01:06:54,390 --> 01:06:52,160

i'm playing this game with you because

1563

01:06:57,990 --> 01:06:54,400

i'm trying to find you in it

1564

01:07:00,309 --> 01:06:58,000

i think the latter of what you said

1565

01:07:03,349 --> 01:07:00,319

so this has to do with self-worthiness

1566

01:07:08,710 --> 01:07:03,359

or self-deserving or being self-good

1567

01:07:12,549 --> 01:07:10,549

you can play that all you want it's just

1568

01:07:14,950 --> 01:07:12,559

it's your divine birthright to handle

1569

01:07:16,309 --> 01:07:14,960

and mold and wield that reality i'm

1570

01:07:19,910 --> 01:07:16,319

loving looking because that's what

1571

01:07:22,390 --> 01:07:19,920

you're doing i'm loving looking at my

1572

01:07:24,390 --> 01:07:22,400

not being worthy

1573

01:07:26,470 --> 01:07:24,400

because of your

1574

01:07:28,309 --> 01:07:26,480

past

1575

01:07:29,589 --> 01:07:28,319

boyfriends

1576

01:07:31,430 --> 01:07:29,599

relationships

1577

01:07:32,789 --> 01:07:31,440

this is this how all this played out for

1578

01:07:44,710 --> 01:07:32,799

you

1579

01:07:47,270 --> 01:07:44,720

what am i doing

1580

01:07:49,670 --> 01:07:47,280

yes trying to do a lot of what you said

1581

01:07:51,910 --> 01:07:49,680

what i've been reading about letting go

1582

01:07:55,029 --> 01:07:51,920

knowing there's nothing to do i am god

1583

01:07:58,069 --> 01:07:55,039

within infinite i'm trying to i say the

1584

01:07:59,910 --> 01:07:58,079

word the train so i go back

1585

01:08:02,150 --> 01:07:59,920

you were going exactly where i was going

1586

01:08:03,910 --> 01:08:02,160

so what you now do instead of taking me

1587

01:08:05,109 --> 01:08:03,920

as a teacher giving you a bunch of

1588

01:08:07,029 --> 01:08:05,119

information that you should be writing

1589

01:08:09,430 --> 01:08:07,039

down so okay i need to

1590

01:08:11,430 --> 01:08:09,440

take everything i said

1591

01:08:12,870 --> 01:08:11,440

look at it one time

1592

01:08:22,070 --> 01:08:12,880

honestly

1593

01:08:26,390 --> 01:08:24,149

and that's it you're done it sounds

1594

01:08:27,829 --> 01:08:26,400

superficial i can tell when you're done

1595

01:08:29,990 --> 01:08:27,839

with it when you make the conscious

1596

01:08:31,510 --> 01:08:30,000

decision to be done with it

1597

01:08:33,510 --> 01:08:31,520

you will be done with it

1598

01:08:35,510 --> 01:08:33,520

so you are clear about your vision about

1599

01:08:38,229 --> 01:08:35,520

what it is at least for now you think

1600

01:08:40,709 --> 01:08:38,239

you want when you put this thing down

1601
01:08:42,309 --> 01:08:40,719
the vision of what you think you want

1602
01:08:43,269 --> 01:08:42,319
if that's really what it is will get

1603
01:08:44,630 --> 01:08:43,279
wider

1604
01:08:46,229 --> 01:08:44,640
and then you'll be able to step into it

1605
01:08:48,149 --> 01:08:46,239
easier or

1606
01:08:49,829 --> 01:08:48,159
when you're done with the nonsense

1607
01:08:52,870 --> 01:08:49,839
the vision itself will change into

1608
01:08:55,510 --> 01:08:52,880
something you've never thought about

1609
01:08:57,829 --> 01:08:55,520
you have to simply be willing

1610
01:09:00,630 --> 01:08:57,839
to stop playing the game the noise the

1611
01:09:02,309 --> 01:09:00,640
stuff that stops the noise so here's

1612
01:09:04,229 --> 01:09:02,319
something else that is very important

1613
01:09:05,829 --> 01:09:04,239

that will kick you in the pants more so

1614

01:09:07,030 --> 01:09:05,839

than the previous which is stopping the

1615

01:09:11,669 --> 01:09:07,040

noise

1616

01:09:14,070 --> 01:09:11,679

you've worsened your problem

1617

01:09:15,910 --> 01:09:14,080

the monkey will never shut up

1618

01:09:17,510 --> 01:09:15,920

you don't want the monkey it serves a

1619

01:09:19,189 --> 01:09:17,520

purpose

1620

01:09:22,390 --> 01:09:19,199

he will always talk

1621

01:09:23,669 --> 01:09:22,400

trying to stop the monkey from talking

1622

01:09:25,030 --> 01:09:23,679

most people know that

1623

01:09:26,470 --> 01:09:25,040

being slapped by your parents stop

1624

01:09:28,390 --> 01:09:26,480

talking go sit down

1625

01:09:30,390 --> 01:09:28,400

it makes the child louder

1626

01:09:32,149 --> 01:09:30,400

and it scars the child

1627

01:09:34,789 --> 01:09:32,159

your inner child has been slapped and

1628

01:09:36,390 --> 01:09:34,799

scarred in such a way so instead of

1629

01:09:38,070 --> 01:09:36,400

stopping the monkey

1630

01:09:39,590 --> 01:09:38,080

you give him what he wants what do you

1631

01:09:41,590 --> 01:09:39,600

what monkeys want

1632

01:09:43,590 --> 01:09:41,600

banana so you give him a spiritual

1633

01:09:48,149 --> 01:09:43,600

banana you give him something that will

1634

01:09:50,149 --> 01:09:48,159

satisfy him so he can't open his mouth

1635

01:09:52,630 --> 01:09:50,159

while you do as a spirit are able to do

1636

01:09:54,070 --> 01:09:52,640

the work play that you're here to do

1637

01:09:56,390 --> 01:09:54,080

what to do

1638

01:09:57,510 --> 01:09:56,400

i made a deal with my ego a long time

1639

01:10:00,310 --> 01:09:57,520

ago

1640

01:10:02,870 --> 01:10:00,320

if you just shut up

1641

01:10:04,709 --> 01:10:02,880

let i want the same things you want

1642

01:10:06,790 --> 01:10:04,719

but you can't get any and all of your

1643

01:10:09,590 --> 01:10:06,800

yammering but if you be quiet for a

1644

01:10:12,229 --> 01:10:09,600

little while i'm giving them a banana

1645

01:10:13,669 --> 01:10:12,239

let me as a spirit go get it and when i

1646

01:10:14,709 --> 01:10:13,679

get it i promise you'll be the first one

1647

01:10:17,030 --> 01:10:14,719

i'll tell

1648

01:10:19,590 --> 01:10:17,040

he shut up just like that

1649

01:10:20,550 --> 01:10:19,600

find you do it your way find a way for

1650

01:10:24,310 --> 01:10:20,560

you

1651

01:10:25,830 --> 01:10:24,320

and judging and

1652

01:10:27,430 --> 01:10:25,840

grading your own test paper how you're

1653

01:10:29,270 --> 01:10:27,440

doing

1654

01:10:31,350 --> 01:10:29,280

you're going backwards

1655

01:10:32,790 --> 01:10:31,360

it's simply yeah i'm just done

1656

01:10:36,070 --> 01:10:32,800

hey let's go hang on

1657

01:10:37,830 --> 01:10:36,080

you just done it's just completely done

1658

01:10:39,270 --> 01:10:37,840

anything else you overshoot in your

1659

01:10:41,669 --> 01:10:39,280

target

1660

01:10:44,630 --> 01:10:41,679

find what you want follow it

1661

01:10:46,550 --> 01:10:44,640

honestly clearly and it will grow to a

1662

01:10:47,750 --> 01:10:46,560

greater capacity or the vision will

1663

01:10:49,350 --> 01:10:47,760

shift and go oh my god that's what i

1664

01:10:50,870 --> 01:10:49,360

thought i wanted but because i did the

1665

01:10:53,430 --> 01:10:50,880

non-work

1666

01:10:55,750 --> 01:10:53,440

this just revealed itself

1667

01:10:57,590 --> 01:10:55,760

these blocks are really not blocks we

1668

01:10:59,750 --> 01:10:57,600

call them blocks to give us ideas of

1669

01:11:01,830 --> 01:10:59,760

what something is in my way but there's

1670

01:11:03,430 --> 01:11:01,840

something that's in your way is our self

1671

01:11:05,270 --> 01:11:03,440

and i'm not a blonde i'm a divine child

1672

01:11:07,430 --> 01:11:05,280

of god

1673

01:11:10,149 --> 01:11:07,440

wow i deserve everything

1674

01:11:11,910 --> 01:11:10,159

and it's not coming to me it is me i am

1675

01:11:13,189 --> 01:11:11,920

everything there is nothing else do you

1676

01:11:14,229 --> 01:11:13,199

see

1677

01:11:15,270 --> 01:11:14,239

yeah

1678

01:11:16,950 --> 01:11:15,280

thank you

1679

01:11:18,870 --> 01:11:16,960

you're welcome can i say it go live your

1680

01:11:22,390 --> 01:11:18,880

passions

1681

01:11:24,630 --> 01:11:22,400

the two words i am so important right so

1682

01:11:25,750 --> 01:11:24,640

if you say i am open and willing to

1683

01:11:28,790 --> 01:11:25,760

allow

1684

01:11:31,270 --> 01:11:28,800

my divine self to be the life coach

1685

01:11:32,630 --> 01:11:31,280

that's way more powerful than

1686

01:11:34,390 --> 01:11:32,640

that would be crossing the bridge to

1687

01:11:35,669 --> 01:11:34,400

your soul you wanting to be the head

1688

01:11:37,210 --> 01:11:35,679

coach

1689

01:11:39,510 --> 01:11:37,220

allowing the spirit to come through

1690

01:11:41,350 --> 01:11:39,520

[Music]

1691

01:11:44,070 --> 01:11:41,360

so that would be crossing this bridge to

1692

01:11:45,110 --> 01:11:44,080

your soul but now i'm going to offer you

1693

01:11:47,110 --> 01:11:45,120

all

1694

01:11:48,550 --> 01:11:47,120

and i enjoy doing this myself

1695

01:11:50,470 --> 01:11:48,560

a way to touch your soul right in this

1696

01:11:55,350 --> 01:11:50,480

moment sounds interesting

1697

01:12:12,470 --> 01:11:56,550

you can bring your mask or not it's

1698

01:12:17,030 --> 01:12:15,669

hi what is your name again danielle

1699

01:12:18,709 --> 01:12:17,040

everyone follow

1700

01:12:20,310 --> 01:12:18,719

i'm in this shop with these come over

1701

01:12:21,990 --> 01:12:20,320

here

1702

01:12:24,470 --> 01:12:22,000

let our audience participate with us hi

1703

01:12:25,830 --> 01:12:24,480

everyone they're not there now

1704

01:12:28,149 --> 01:12:25,840

you're not there now in fact you're not

1705

01:12:29,669 --> 01:12:28,159

there at all you're here

1706

01:12:34,950 --> 01:12:29,679

um

1707

01:12:37,510 --> 01:12:34,960

everyone if you would close your eyes

1708

01:12:39,990 --> 01:12:37,520

take a few deep breaths

1709

01:12:41,990 --> 01:12:40,000

intentional breaths like you want

1710

01:12:44,870 --> 01:12:42,000

something beyond anything you've ever

1711

01:12:46,870 --> 01:12:44,880

wanted don't describe what that wanting

1712

01:12:48,950 --> 01:12:46,880

is you just want for a something

1713

01:12:51,910 --> 01:12:48,960

regardless of what it looks like breathe

1714

01:12:58,070 --> 01:12:53,270

allow it to descend into your

1715

01:13:04,310 --> 01:12:59,910

breathe in taste the love of god on your

1716

01:13:08,149 --> 01:13:04,320

palate on your tongue as you do that

1717

01:13:08,159 --> 01:13:11,990

and once again

1718

01:13:14,390 --> 01:13:12,790

now

1719

01:13:19,510 --> 01:13:14,400

if you would i want you to pick up your

1720

01:13:27,189 --> 01:13:21,590

breath is god god is life breathe in

1721

01:13:27,199 --> 01:13:38,550

keep up

1722

01:13:41,910 --> 01:13:40,229

take a self-inventory do you feel the

1723

01:13:43,270 --> 01:13:41,920

same now that you have

1724

01:13:45,270 --> 01:13:43,280

where you are than you did before you

1725

01:13:46,870 --> 01:13:45,280

start the breath of course you don't

1726

01:13:49,750 --> 01:13:46,880

you can open your eyes you feel the

1727

01:13:54,070 --> 01:13:52,550

feel it feel the change

1728

01:13:57,990 --> 01:13:54,080

you've raised up energy you're feeling

1729

01:14:03,189 --> 01:13:58,950

okay

1730

01:14:08,149 --> 01:14:05,830

take one final inventory of yourself

1731

01:14:10,229 --> 01:14:08,159

how does it feel to you be you now

1732

01:14:12,630 --> 01:14:10,239

opposed to before you started breathing

1733

01:14:14,470 --> 01:14:12,640

you feel different you feel charged

1734

01:14:16,870 --> 01:14:14,480

so recognize that something

1735

01:14:18,300 --> 01:14:16,880

and open your eyes

1736

01:14:19,750 --> 01:14:18,310

whatever you do

1737

01:14:21,910 --> 01:14:19,760

[Music]

1738

01:14:24,149 --> 01:14:21,920

don't take your eyes off me i read it

1739

01:14:26,470 --> 01:14:24,159

don't take your eyes off me

1740

01:14:28,950 --> 01:14:26,480

i want you to become aware of what it

1741

01:14:31,430 --> 01:14:28,960

feels like to be you

1742

01:14:36,390 --> 01:14:31,440

not judgment just no thought in fact

1743

01:14:42,500 --> 01:14:37,750

become aware

1744

01:14:45,590 --> 01:14:44,390

[Music]

1745

01:14:46,870 --> 01:14:45,600

or it's just

1746

01:14:48,110 --> 01:14:46,880

where you can use words maybe to

1747

01:14:49,990 --> 01:14:48,120

describe it like you might taste

1748

01:14:54,070 --> 01:14:50,000

mentality on the words just become aware

1749

01:14:58,830 --> 01:14:55,510

become aware

1750

01:15:03,669 --> 01:15:01,990

[Music]

1751

01:15:06,310 --> 01:15:03,679

become aware

1752

01:15:07,590 --> 01:15:06,320

of the sound of my voice

1753

01:15:09,669 --> 01:15:07,600

that's more of the real you than what

1754

01:15:11,669 --> 01:15:09,679

you're looking at actually

1755

01:15:14,229 --> 01:15:11,679

that part of you that is listening

1756

01:15:15,669 --> 01:15:14,239

has been aware forever

1757

01:15:18,229 --> 01:15:15,679

that's the reason

1758

01:15:19,830 --> 01:15:18,239

become aware of my voice

1759

01:15:21,320 --> 01:15:19,840

become aware of the light source above

1760

01:15:23,750 --> 01:15:21,330

your head

1761

01:15:25,030 --> 01:15:23,760

[Music]

1762

01:15:26,470 --> 01:15:25,040

pretty easy

1763

01:15:30,070 --> 01:15:26,480

become aware of the people talking

1764

01:15:36,709 --> 01:15:32,630

let's do that again become aware

1765

01:15:36,719 --> 01:15:41,430

the temperature on your skin

1766

01:15:44,390 --> 01:15:43,110

the light source above your head and all

1767

01:15:44,580 --> 01:15:44,400

around you even the ones that are behind

1768

01:15:45,990 --> 01:15:44,590

you

1769

01:15:49,669 --> 01:15:46,000

[Music]

1770

01:15:49,679 --> 01:15:54,550

people in the other room

1771

01:15:59,430 --> 01:15:56,310

ready here we go

1772

01:16:03,669 --> 01:16:02,070

i want you at one time to feel what it's

1773

01:16:05,110 --> 01:16:03,679

like to be you

1774

01:16:06,550 --> 01:16:05,120

the temperature in your skin the taste

1775

01:16:08,470 --> 01:16:06,560

in your mouth the lights above your head

1776

01:16:19,270 --> 01:16:08,480

and the sound that's all around you at

1777

01:16:22,790 --> 01:16:20,790

do you feel it

1778

01:16:24,550 --> 01:16:22,800

do you feel that opening

1779

01:16:26,390 --> 01:16:24,560

how were you able to do that

1780

01:16:28,070 --> 01:16:26,400

before you ever tried you weren't

1781

01:16:31,030 --> 01:16:28,080

you go here so you go here

1782

01:16:33,030 --> 01:16:31,040

but i literally intentionally said

1783

01:16:34,470 --> 01:16:33,040

taste them what's in your mouth so your

1784

01:16:36,950 --> 01:16:34,480

awareness gets pointed here and

1785

01:16:38,630 --> 01:16:36,960

everything else gets shut off

1786

01:16:40,229 --> 01:16:38,640

i feel the temperature

1787

01:16:41,990 --> 01:16:40,239

and i pointed your awareness to all

1788

01:16:44,310 --> 01:16:42,000

these different focal points until i

1789

01:16:45,990 --> 01:16:44,320

gave you permission

1790

01:16:49,590 --> 01:16:46,000

which no one in your life probably ever

1791

01:16:51,189 --> 01:16:49,600

has to say open up touch your real self

1792

01:16:54,229 --> 01:16:51,199

let's try it again

1793

01:16:57,750 --> 01:16:55,990

feeling on the skin

1794

01:17:00,310 --> 01:16:57,760

oh the air conditioning kicked off so

1795

01:17:01,510 --> 01:17:00,320

your awareness does all this stuff

1796

01:17:05,750 --> 01:17:01,520

taste in your

1797

01:17:05,760 --> 01:17:11,910

experience it all

1798

01:17:16,630 --> 01:17:14,310

you may feel some bouncing but i know

1799

01:17:18,950 --> 01:17:16,640

for a fact are glimpses that you

1800

01:17:21,030 --> 01:17:18,960

actually feel them i see them all and

1801

01:17:23,669 --> 01:17:21,040

they flee and it goes away

1802

01:17:28,830 --> 01:17:26,550

this is the work

1803

01:17:31,910 --> 01:17:28,840

non-work for every spiritual

1804

01:17:34,310 --> 01:17:31,920

aspirant you don't go about practicing

1805

01:17:36,390 --> 01:17:34,320

how to expand your awareness

1806

01:17:38,790 --> 01:17:36,400

from being who you really are

1807

01:17:42,310 --> 01:17:38,800

expands your awareness for you there is

1808

01:17:46,709 --> 01:17:42,320

no work to do it's all a product

1809

01:17:48,310 --> 01:17:46,719

of you did you have any success

1810

01:17:52,310 --> 01:17:48,320

you were able to feel that expansion of

1811

01:17:55,240 --> 01:17:53,990

can you describe it for me would you

1812

01:17:57,510 --> 01:17:55,250

please i'm

1813

01:17:58,470 --> 01:17:57,520

[Music]

1814

01:17:59,910 --> 01:17:58,480

to sure

1815

01:18:01,830 --> 01:17:59,920

because when we did it at the same time

1816

01:18:04,070 --> 01:18:01,840

i thought it tasted my mouth i

1817

01:18:06,390 --> 01:18:04,080

heard the background from the skin i

1818

01:18:09,910 --> 01:18:06,400

felt all the sensations at once but it

1819

01:18:11,350 --> 01:18:09,920

wasn't long lasting for every day

1820

01:18:13,750 --> 01:18:11,360

you just had a quick glimpse in the door

1821

01:18:16,149 --> 01:18:13,760

shut up yes but you did have you did

1822

01:18:17,990 --> 01:18:16,159

experience evidence

1823

01:18:19,910 --> 01:18:18,000

of not being what you always thought you

1824

01:18:21,350 --> 01:18:19,920

were of being something beyond what you

1825

01:18:22,709 --> 01:18:21,360

always thought you were

1826

01:18:24,870 --> 01:18:22,719

wow

1827

01:18:27,990 --> 01:18:24,880

how was i able to do that

1828

01:18:30,229 --> 01:18:28,000

that's what jesus baba buddha everything

1829

01:18:31,669 --> 01:18:30,239

that we are moving towards as a

1830

01:18:33,030 --> 01:18:31,679

collective world

1831

01:18:34,390 --> 01:18:33,040

race

1832

01:18:38,830 --> 01:18:34,400

so

1833

01:18:40,550 --> 01:18:38,840

the benefit of achieving with this

1834

01:18:43,350 --> 01:18:40,560

technique

1835

01:18:45,270 --> 01:18:43,360

that i offered is to give you a glimpse

1836

01:18:47,510 --> 01:18:45,280

that you exist

1837

01:18:51,189 --> 01:18:47,520

in all these places you're speaking

1838

01:18:53,830 --> 01:18:51,199

about blocks and clarity earlier

1839

01:18:54,950 --> 01:18:53,840

this level of clarity is what will allow

1840

01:19:01,350 --> 01:18:54,960

you

1841

01:19:03,669 --> 01:19:01,360

behind a tree like a big dog is about to

1842

01:19:05,270 --> 01:19:03,679

jump out and bite you on your ass

1843

01:19:07,669 --> 01:19:05,280

everyone would want to be aware enough

1844

01:19:09,910 --> 01:19:07,679

to know that

1845

01:19:11,910 --> 01:19:09,920

whatever the situation may be

1846

01:19:13,510 --> 01:19:11,920

but when you have this multi-faceted

1847

01:19:16,870 --> 01:19:13,520

awareness

1848

01:19:20,310 --> 01:19:16,880

we begin to not leave the body

1849

01:19:21,750 --> 01:19:20,320

we begin to incorporate

1850

01:19:23,990 --> 01:19:21,760

our soul

1851
01:19:27,669 --> 01:19:24,000
because we cross the bridge enough to

1852
01:19:29,990 --> 01:19:27,679
where you become peripherally aware yes

1853
01:19:30,950 --> 01:19:30,000
for me the interpretation was kind of

1854
01:19:32,630 --> 01:19:30,960
like

1855
01:19:34,709 --> 01:19:32,640
feeling all your senses

1856
01:19:38,310 --> 01:19:34,719
of sensing on your senses

1857
01:19:40,149 --> 01:19:38,320
but touchy hearing seeing feeling

1858
01:19:42,470 --> 01:19:40,159
tasting is

1859
01:19:44,630 --> 01:19:42,480
what i interpreted out of this

1860
01:19:46,229 --> 01:19:44,640
experiment that we just did

1861
01:19:47,990 --> 01:19:46,239
am i on the right path

1862
01:19:49,669 --> 01:19:48,000
that's it

1863
01:19:51,350 --> 01:19:49,679

you got to see a greater capacity of

1864

01:19:53,430 --> 01:19:51,360

what you are versus

1865

01:19:56,630 --> 01:19:53,440

my awareness goes where i go

1866

01:19:58,470 --> 01:19:56,640

your awareness is everywhere

1867

01:20:02,709 --> 01:19:58,480

so you open the gate to see your real

1868

01:20:07,510 --> 01:20:05,110

it happens it is it's not something you

1869

01:20:09,910 --> 01:20:07,520

strive for it's something you open up

1870

01:20:11,510 --> 01:20:09,920

through by letting go

1871

01:20:12,550 --> 01:20:11,520

letting go

1872

01:20:15,510 --> 01:20:12,560

let go

1873

01:20:17,510 --> 01:20:15,520

but i'm scared goddamn right now

1874

01:20:20,070 --> 01:20:17,520

and you will feel that scared until you

1875

01:20:21,910 --> 01:20:20,080

jump off the high diving board jacob

1876

01:20:21,910 --> 01:20:24,950

i gotta do it one two three four

1877

01:20:30,470 --> 01:20:28,070

hit the water you realize you had died

1878

01:20:33,750 --> 01:20:30,480

oh my god that was quite fun

1879

01:20:35,990 --> 01:20:33,760

you ready to go do it again

1880

01:20:41,430 --> 01:20:36,000

we talked about awareness opening about

1881

01:20:44,149 --> 01:20:42,709

about getting out of the noise of the

1882

01:20:46,229 --> 01:20:44,159

world

1883

01:20:48,390 --> 01:20:46,239

whatever it is you're religious or

1884

01:20:49,590 --> 01:20:48,400

religious or political affiliation

1885

01:20:53,270 --> 01:20:49,600

enjoy it

1886

01:20:56,229 --> 01:20:54,390

but you don't understand you already

1887

01:20:57,270 --> 01:20:56,239

missed it

1888

01:20:59,030 --> 01:20:57,280

i don't care if you're democrat

1889

01:21:01,430 --> 01:20:59,040

republican conservative it doesn't

1890

01:21:03,350 --> 01:21:01,440

matter to me it matters to whoever you

1891

01:21:05,590 --> 01:21:03,360

may be

1892

01:21:07,990 --> 01:21:05,600

you can still vote

1893

01:21:10,229 --> 01:21:08,000

however you choose that to be

1894

01:21:11,030 --> 01:21:10,239

but if you plug it to the system in that

1895

01:21:12,629 --> 01:21:11,040

way

1896

01:21:14,390 --> 01:21:12,639

your fighting will get you sucker

1897

01:21:15,910 --> 01:21:14,400

punched

1898

01:21:17,430 --> 01:21:15,920

same with racism

1899

01:21:19,750 --> 01:21:17,440

keith are you saying pull back from the

1900

01:21:21,510 --> 01:21:19,760

world so far that you lose compassion

1901

01:21:23,430 --> 01:21:21,520

i'm saying find compassion before

1902

01:21:25,030 --> 01:21:23,440

yourself by getting out of the noise

1903

01:21:27,350 --> 01:21:25,040

that's killing you

1904

01:21:29,750 --> 01:21:27,360

then you find real compassion

1905

01:21:31,590 --> 01:21:29,760

and then you have the awareness

1906

01:21:33,189 --> 01:21:31,600

to know when to step in to be of the

1907

01:21:34,709 --> 01:21:33,199

greatest influence

1908

01:21:36,470 --> 01:21:34,719

until then

1909

01:21:38,709 --> 01:21:36,480

you grab someone's hand in a swimming

1910

01:21:41,990 --> 01:21:38,719

pool and you get caught in the nonsense

1911

01:21:43,830 --> 01:21:42,000

so how do we combat racism you don't you

1912

01:21:46,709 --> 01:21:43,840

leave it alone well how's that going to

1913

01:21:49,189 --> 01:21:46,719

change the world you change yourself

1914

01:21:51,910 --> 01:21:49,199

and when you change yourself

1915

01:21:53,590 --> 01:21:51,920

any little influence you have

1916

01:21:55,270 --> 01:21:53,600

sends out ripples you just had a little

1917

01:21:57,990 --> 01:21:55,280

bit influences now

1918

01:21:59,830 --> 01:21:58,000

and your awareness opened up like that

1919

01:22:02,470 --> 01:21:59,840

you felt aspects of yourself that you

1920

01:22:05,110 --> 01:22:02,480

may have not before all at one time and

1921

01:22:06,950 --> 01:22:05,120

so likewise those aspects of yourself

1922

01:22:09,510 --> 01:22:06,960

that you're trying to influence and open

1923

01:22:11,430 --> 01:22:09,520

up to be a part of and make difference

1924

01:22:12,790 --> 01:22:11,440

are those people who are fighting

1925

01:22:14,310 --> 01:22:12,800

because if you go stand between two

1926

01:22:16,070 --> 01:22:14,320

people who are fighting to break it up

1927

01:22:17,990 --> 01:22:16,080

sometimes a blow popping in the nose

1928

01:22:22,470 --> 01:22:18,000

breaking up now you get now you deal

1929

01:22:26,149 --> 01:22:24,629

what's about to happen

1930

01:22:28,629 --> 01:22:26,159

on this earth

1931

01:22:31,270 --> 01:22:28,639

actually rather more so in all of us

1932

01:22:32,950 --> 01:22:31,280

it's going to be a test

1933

01:22:34,229 --> 01:22:32,960

it's going to get greater and it's going

1934

01:22:39,110 --> 01:22:34,239

to get harder

1935

01:22:43,669 --> 01:22:41,270

it's going to become harder

1936

01:22:45,750 --> 01:22:43,679

so you're going to become softer

1937

01:22:50,310 --> 01:22:45,760

things are becoming heavy

1938

01:22:55,030 --> 01:22:52,070

things will begin to present themselves

1939

01:22:57,270 --> 01:22:55,040

in ways you've never understood before

1940

01:22:58,229 --> 01:22:57,280

it's okay you don't have to understand

1941

01:23:01,110 --> 01:22:58,239

it

1942

01:23:03,350 --> 01:23:01,120

stand under what you already know

1943

01:23:06,629 --> 01:23:03,360

i know i am solid

1944

01:23:08,709 --> 01:23:06,639

nothing can i lost my child god forbid

1945

01:23:09,750 --> 01:23:08,719

i can't begin to think that nor

1946

01:23:11,110 --> 01:23:09,760

teach

1947

01:23:13,830 --> 01:23:11,120

about that because i have not

1948

01:23:15,350 --> 01:23:13,840

experienced that i know spiritual law is

1949

01:23:18,470 --> 01:23:15,360

spiritual lesson

1950

01:23:21,990 --> 01:23:18,480

regardless how such tragedy could show

1951
01:23:25,669 --> 01:23:23,430
this is the technique i want to show you

1952
01:23:27,990 --> 01:23:25,679
about breathing

1953
01:23:30,070 --> 01:23:28,000
to create your life

1954
01:23:34,470 --> 01:23:30,080
[Music]

1955
01:23:36,149 --> 01:23:34,480
in the form of deliberately manifesting

1956
01:23:38,709 --> 01:23:36,159
but also breathing

1957
01:23:41,910 --> 01:23:38,719
to deliberately manifest

1958
01:23:46,229 --> 01:23:41,920
something to not manifest

1959
01:23:50,709 --> 01:23:48,550
you lose your child god forbid

1960
01:23:53,430 --> 01:23:50,719
your dad or mother dies you lost your

1961
01:23:54,500 --> 01:23:53,440
job and you just thought every whatever

1962
01:23:56,550 --> 01:23:54,510
it may be

1963
01:23:58,550 --> 01:23:56,560

[Music]

1964

01:23:59,830 --> 01:23:58,560

how do you fix that

1965

01:24:02,550 --> 01:23:59,840

you don't

1966

01:24:04,870 --> 01:24:02,560

you heal yourself in the moment for what

1967

01:24:06,390 --> 01:24:04,880

it can do to you potentially

1968

01:24:08,390 --> 01:24:06,400

in the future

1969

01:24:09,830 --> 01:24:08,400

so the way you manifest your life

1970

01:24:12,550 --> 01:24:09,840

deliberately

1971

01:24:18,229 --> 01:24:14,830

take yourself

1972

01:24:19,669 --> 01:24:18,239

beyond i see a brand new house and a

1973

01:24:23,030 --> 01:24:19,679

lover

1974

01:24:26,310 --> 01:24:24,950

that's all the ethereal airy fairy stuff

1975

01:24:27,910 --> 01:24:26,320

fluffy

1976

01:24:31,510 --> 01:24:27,920

very powerful

1977

01:24:34,229 --> 01:24:31,520

but when you begin to

1978

01:24:36,070 --> 01:24:34,239

bring it to the earth

1979

01:24:37,590 --> 01:24:36,080

you anchor

1980

01:24:41,030 --> 01:24:37,600

the divine pencil

1981

01:24:41,890 --> 01:24:41,040

you cross the bridge to the soul

1982

01:24:43,430 --> 01:24:41,900

yes

1983

01:24:44,709 --> 01:24:43,440

[Music]

1984

01:24:45,990 --> 01:24:44,719

hi

1985

01:24:51,590 --> 01:24:46,000

you must have walked in at the right

1986

01:24:54,629 --> 01:24:53,110

so

1987

01:24:56,070 --> 01:24:54,639

let's bring it down here that's why when

1988

01:24:57,590 --> 01:24:56,080

you have a thought

1989

01:24:59,110 --> 01:24:57,600

you write it down

1990

01:25:01,669 --> 01:24:59,120

you're taking it from the mind to the

1991

01:25:04,950 --> 01:25:01,679

earth it begins to materialize

1992

01:25:08,790 --> 01:25:07,270

i'm looking for a magical

1993

01:25:10,390 --> 01:25:08,800

mystical

1994

01:25:11,669 --> 01:25:10,400

sexual

1995

01:25:13,270 --> 01:25:11,679

rich

1996

01:25:16,390 --> 01:25:13,280

whatever you think you want love her in

1997

01:25:19,910 --> 01:25:16,400

my life i'm looking for a new house

1998

01:25:23,350 --> 01:25:21,910

be careful of your emotions

1999

01:25:28,870 --> 01:25:23,360

as you're doing this

2000

01:25:33,590 --> 01:25:31,110

yeah i'm excited great be excited

2001

01:25:35,270 --> 01:25:33,600

but remember your excitement may be

2002

01:25:36,629 --> 01:25:35,280

about something erroneous that's going

2003

01:25:40,070 --> 01:25:36,639

to take you away

2004

01:25:40,870 --> 01:25:40,080

from that which it is that you want

2005

01:25:45,430 --> 01:25:40,880

be

2006

01:25:50,709 --> 01:25:47,910

and when you find yourself

2007

01:25:59,110 --> 01:25:50,719

in that space of awareness

2008

01:26:02,470 --> 01:26:00,790

you feel it open up when you feel that

2009

01:26:08,790 --> 01:26:02,480

you pretty good for where you are for

2010

01:26:14,629 --> 01:26:11,110

sounds crazy doesn't it it is crazy

2011

01:26:18,550 --> 01:26:16,310

so what happens is

2012

01:26:20,070 --> 01:26:18,560

bring it in

2013

01:26:21,110 --> 01:26:20,080

grab run in

2014

01:26:23,189 --> 01:26:21,120

please

2015

01:26:25,350 --> 01:26:23,199

you feel that that's tangible you can

2016

01:26:27,750 --> 01:26:25,360

you can prove to yourself

2017

01:26:31,030 --> 01:26:27,760

well it's tangible it's palpable i can

2018

01:26:34,070 --> 01:26:31,990

god

2019

01:26:37,750 --> 01:26:34,080

breathed life into man

2020

01:26:39,750 --> 01:26:37,760

life god same word same idea

2021

01:26:42,229 --> 01:26:39,760

as in the image and similitude of the

2022

01:26:44,070 --> 01:26:42,239

father we have created

2023

01:26:46,149 --> 01:26:44,080

by our very breath

2024

01:26:47,669 --> 01:26:46,159

conscious or unconscious we move down

2025

01:26:49,990 --> 01:26:47,679

the timeline towards the future of our

2026
01:26:55,590 --> 01:26:50,000
life

2027
01:26:55,600 --> 01:27:00,470
sexual love or a lot of money nice house

2028
01:27:00,480 --> 01:27:10,550
i deserve it

2029
01:27:14,070 --> 01:27:11,990
what's that

2030
01:27:16,149 --> 01:27:14,080
you can do this as a practice or you

2031
01:27:19,189 --> 01:27:16,159
have the might

2032
01:27:22,390 --> 01:27:19,199
faith if you will in one breath

2033
01:27:22,400 --> 01:27:27,110
i cracked open the door of the universe

2034
01:27:32,390 --> 01:27:29,189
you breathe your creation into life

2035
01:27:35,110 --> 01:27:32,400
versus sweat and that effort oh

2036
01:27:36,790 --> 01:27:35,120
bring me a house bring me a job

2037
01:27:38,709 --> 01:27:36,800
bring me to florida so i can buy a house

2038
01:27:40,550 --> 01:27:38,719

something next to the beach

2039

01:27:43,110 --> 01:27:40,560

that's all cool i'm not

2040

01:27:47,270 --> 01:27:45,110

take it a step further

2041

01:27:49,510 --> 01:27:47,280

the one found the foundation that's

2042

01:27:54,390 --> 01:27:49,520

missing is the earth aspect of it

2043

01:27:58,870 --> 01:27:55,350

now

2044

01:28:00,950 --> 01:27:58,880

the aspects of your life you don't want

2045

01:28:02,709 --> 01:28:00,960

sometimes you have no choice

2046

01:28:06,629 --> 01:28:02,719

because it does involve other soul

2047

01:28:08,470 --> 01:28:06,639

contracts people dying around you

2048

01:28:10,070 --> 01:28:08,480

losing that job

2049

01:28:10,950 --> 01:28:10,080

whatever it may be

2050

01:28:18,390 --> 01:28:10,960

oh

2051
01:28:21,270 --> 01:28:18,400
for a while you deserve that actually

2052
01:28:23,350 --> 01:28:21,280
you lost someone enjoy the grief

2053
01:28:25,110 --> 01:28:23,360
don't be afraid of the grief

2054
01:28:32,070 --> 01:28:25,120
allow the grief

2055
01:28:36,390 --> 01:28:35,030
because the question always is

2056
01:28:38,070 --> 01:28:36,400
is

2057
01:28:39,590 --> 01:28:38,080
what

2058
01:28:43,590 --> 01:28:39,600
next

2059
01:28:47,270 --> 01:28:43,600
you can stay in the riddle all you want

2060
01:28:53,350 --> 01:28:51,110
what next what lies beyond this prison

2061
01:28:55,350 --> 01:28:53,360
so if you want to get out of any

2062
01:28:56,870 --> 01:28:55,360
lightning strike

2063
01:28:59,830 --> 01:28:56,880

electrical charge

2064

01:29:03,180 --> 01:28:59,840

that's holding on to you

2065

01:29:03,190 --> 01:29:06,550

[Music]

2066

01:29:22,229 --> 01:29:09,510

see what it wants for me

2067

01:29:22,239 --> 01:29:35,910

try

2068

01:29:40,229 --> 01:29:36,830

how do you

2069

01:29:42,550 --> 01:29:40,239

feel feel the charge

2070

01:29:44,470 --> 01:29:42,560

the density of what is trying to stick

2071

01:29:47,030 --> 01:29:44,480

to you can't

2072

01:29:49,750 --> 01:29:47,040

it's no longer velcro you put some very

2073

01:29:51,590 --> 01:29:49,760

nice spiritual lube on you oil and it

2074

01:29:53,830 --> 01:29:51,600

slides right off of you

2075

01:29:55,750 --> 01:29:53,840

otherwise it will stick

2076

01:29:57,830 --> 01:29:55,760

becomes static

2077

01:29:59,830 --> 01:29:57,840

and it will initiate integrate and

2078

01:30:01,990 --> 01:29:59,840

graduate itself into your life to where

2079

01:30:04,390 --> 01:30:02,000

hindsight 20 years from now you're doing

2080

01:30:06,790 --> 01:30:04,400

the spiritual work at a 2020 spirit fest

2081

01:30:08,229 --> 01:30:06,800

and melbourne to find a teacher and or a

2082

01:30:09,590 --> 01:30:08,239

reader to give you exactly what you

2083

01:30:11,910 --> 01:30:09,600

think you need to get rid of the problem

2084

01:30:15,510 --> 01:30:11,920

that you could have gotten rid of

2085

01:30:21,030 --> 01:30:17,830

same thing breath is light if

2086

01:30:22,950 --> 01:30:21,040

lightning strikes enjoy it until you no

2087

01:30:26,870 --> 01:30:22,960

longer want to enjoy being miserable

2088

01:30:28,950 --> 01:30:26,880

grief stricken so heartbroken

2089

01:30:30,709 --> 01:30:28,960

but don't wait too long

2090

01:30:32,470 --> 01:30:30,719

the longer it waits

2091

01:30:35,110 --> 01:30:32,480

the longer you wait

2092

01:30:36,709 --> 01:30:35,120

the more it becomes static

2093

01:30:39,590 --> 01:30:36,719

it becomes

2094

01:30:43,350 --> 01:30:39,600

frozen in your life

2095

01:30:45,750 --> 01:30:44,550

breathe

2096

01:30:47,430 --> 01:30:45,760

into it

2097

01:30:48,950 --> 01:30:47,440

keith i don't want to breathe and get

2098

01:30:51,540 --> 01:30:48,960

rid of the fact that i lost someone

2099

01:30:53,910 --> 01:30:51,550

precious to me

2100

01:30:55,510 --> 01:30:53,920

[Music]

2101
01:30:58,149 --> 01:30:55,520
do some of the work

2102
01:31:01,830 --> 01:30:58,159
and leave a little bit for yourself

2103
01:31:04,550 --> 01:31:01,840
as dessert treat to re people are they

2104
01:31:06,790 --> 01:31:04,560
think that if they stop if they let go

2105
01:31:11,669 --> 01:31:06,800
of a past loved one that they no longer

2106
01:31:17,110 --> 01:31:14,229
if i let my person

2107
01:31:18,790 --> 01:31:17,120
who died die

2108
01:31:20,149 --> 01:31:18,800
i can never do that because i'm showing

2109
01:31:22,070 --> 01:31:20,159
i don't care

2110
01:31:24,550 --> 01:31:22,080
what you are really doing when you do

2111
01:31:27,430 --> 01:31:24,560
that is keeping the door shut they can

2112
01:31:29,030 --> 01:31:27,440
never get in to say hi never get in

2113
01:31:30,790 --> 01:31:29,040

through the grief they're not in grief

2114

01:31:32,310 --> 01:31:30,800

anymore they're not in pain anymore if

2115

01:31:33,830 --> 01:31:32,320

they die of cancer not pain anymore so

2116

01:31:35,990 --> 01:31:33,840

how can they why would they want to come

2117

01:31:38,070 --> 01:31:36,000

back through pain through your grief as

2118

01:31:39,430 --> 01:31:38,080

a doorway to get to you they will never

2119

01:31:41,669 --> 01:31:39,440

do that

2120

01:31:43,510 --> 01:31:41,679

celebrating oh my god i lost my loved

2121

01:31:47,030 --> 01:31:43,520

one so you play with it you enjoy your

2122

01:31:48,629 --> 01:31:47,040

grief you get done with the grief

2123

01:31:50,470 --> 01:31:48,639

and then god steps in

2124

01:31:52,790 --> 01:31:50,480

by intensity

2125

01:31:56,629 --> 01:31:52,800

by your intention to shift and you

2126
01:31:57,900 --> 01:31:56,639
simply fall into this new place

2127
01:31:59,590 --> 01:31:57,910
what time do you have dude

2128
01:32:07,350 --> 01:31:59,600
[Music]

2129
01:32:13,430 --> 01:32:09,030
i don't normally do this in presentation

2130
01:32:15,750 --> 01:32:14,550
this is me

2131
01:32:18,790 --> 01:32:15,760
what i'm saying is it's just a

2132
01:32:20,470 --> 01:32:18,800
demonstration of how each one of you in

2133
01:32:24,470 --> 01:32:20,480
each one of you

2134
01:32:26,629 --> 01:32:24,480
can fall inside by mere intention

2135
01:32:29,030 --> 01:32:26,639
i don't know where this happens inside

2136
01:32:30,870 --> 01:32:29,040
of me i do this simply for one reason

2137
01:32:36,730 --> 01:32:30,880
only because it brings me joy to be in

2138
01:32:41,270 --> 01:32:38,149

[Music]

2139

01:32:42,870 --> 01:32:41,280

so much divine feminine floating about

2140

01:32:44,149 --> 01:32:42,880

in and out and without a doubt it's all

2141

01:32:46,629 --> 01:32:44,159

around you

2142

01:32:48,870 --> 01:32:46,639

it resounds you it compounds you

2143

01:32:51,830 --> 01:32:48,880

with many beautiful possibilities as

2144

01:32:54,470 --> 01:32:51,840

through the cosmic birth the cosmic womb

2145

01:32:57,189 --> 01:32:54,480

of your life begins to move outward

2146

01:33:00,070 --> 01:32:57,199

this new divine child that you are all

2147

01:33:04,629 --> 01:33:03,110

swimming in the divine ocean you are

2148

01:33:06,790 --> 01:33:04,639

are you putting in your little toes just

2149

01:33:09,189 --> 01:33:06,800

to test the water or are you diving in

2150

01:33:11,270 --> 01:33:09,199

completely completely submersing and

2151
01:33:13,750 --> 01:33:11,280
losing what you think is you

2152
01:33:14,709 --> 01:33:13,760
without further ado the new you becomes

2153
01:33:17,669 --> 01:33:14,719
birth

2154
01:33:21,430 --> 01:33:19,910
what do you do from there you enjoy you

2155
01:33:23,590 --> 01:33:21,440
delight in it

2156
01:33:25,350 --> 01:33:23,600
you're here to win it aren't you

2157
01:33:27,510 --> 01:33:25,360
there you go

2158
01:33:28,629 --> 01:33:27,520
but you don't understand as the vessel

2159
01:33:29,750 --> 01:33:28,639
mentioned

2160
01:33:31,189 --> 01:33:29,760
in the

2161
01:33:33,990 --> 01:33:31,199
but i

2162
01:33:40,229 --> 01:33:37,430
this is the disease of the human dynamic

2163
01:33:42,310 --> 01:33:40,239

mostly for most

2164

01:33:45,350 --> 01:33:42,320

but only if

2165

01:33:51,270 --> 01:33:47,750

what is this where does this come from

2166

01:33:52,950 --> 01:33:51,280

this construct this mental construct

2167

01:33:56,229 --> 01:33:52,960

this unconscious

2168

01:33:59,990 --> 01:33:58,070

it automatically reveals and shows to

2169

01:34:01,830 --> 01:34:00,000

you the level of work

2170

01:34:03,910 --> 01:34:01,840

that you have not done

2171

01:34:05,189 --> 01:34:03,920

good don't do any work about it just

2172

01:34:07,270 --> 01:34:05,199

recognize it and in the light of

2173

01:34:09,030 --> 01:34:07,280

awareness the light always dissipates

2174

01:34:10,709 --> 01:34:09,040

the dark

2175

01:34:12,950 --> 01:34:10,719

become that spark and your dark will

2176
01:34:15,350 --> 01:34:12,960
simply flee from you

2177
01:34:16,470 --> 01:34:15,360
you must see to be to be free

2178
01:34:20,390 --> 01:34:16,480
you must see

2179
01:34:20,400 --> 01:34:23,270
it's easy

2180
01:34:30,390 --> 01:34:25,590
people try too hard they talk too loud

2181
01:34:35,350 --> 01:34:33,030
and this is a mighty clutch

2182
01:34:37,590 --> 01:34:35,360
and from such you should arise if you

2183
01:34:42,390 --> 01:34:37,600
choose to well how do i choose that

2184
01:34:46,629 --> 01:34:44,390
be your delicious beautiful

2185
01:34:47,910 --> 01:34:46,639
sexy human self

2186
01:34:55,030 --> 01:34:47,920
that's it

2187
01:34:55,040 --> 01:35:00,790
be vulnerable

2188
01:35:05,350 --> 01:35:02,470

at least two or three of you can feel

2189

01:35:08,149 --> 01:35:05,360

this energy as it begins to move

2190

01:35:10,709 --> 01:35:08,159

because to push in all of you though

2191

01:35:11,910 --> 01:35:10,719

be one of those who choose to receive it

2192

01:35:15,430 --> 01:35:11,920

believe it

2193

01:35:19,430 --> 01:35:16,870

still

2194

01:35:21,669 --> 01:35:19,440

many throughout the world are lost in

2195

01:35:22,790 --> 01:35:21,679

that whirlpool

2196

01:35:25,910 --> 01:35:22,800

better said

2197

01:35:29,350 --> 01:35:25,920

the cesspool of human unconsciousness

2198

01:35:31,830 --> 01:35:29,360

which always brings trouble

2199

01:35:32,870 --> 01:35:31,840

consciousness only brings delight the

2200

01:35:36,870 --> 01:35:32,880

light

2201
01:35:39,270 --> 01:35:36,880
spiritual power and spiritual might

2202
01:35:42,070 --> 01:35:39,280
simply be centered

2203
01:35:45,189 --> 01:35:42,080
no longer splintered into

2204
01:35:47,669 --> 01:35:45,199
in such wholeness you will view

2205
01:35:49,510 --> 01:35:47,679
the new reality which belongs to each

2206
01:35:58,790 --> 01:35:49,520
and every one of you

2207
01:35:58,800 --> 01:36:05,350
spirit stands each one of you

2208
01:36:05,360 --> 01:36:08,470
two of you are moving

2209
01:36:12,390 --> 01:36:10,390
to new places

2210
01:36:14,790 --> 01:36:12,400
physically

2211
01:36:18,149 --> 01:36:14,800
one of you is concerned about some upper

2212
01:36:21,430 --> 01:36:19,590
life is a little hard for me to breathe

2213
01:36:23,750 --> 01:36:21,440

right now i have no breathing room

2214

01:36:25,510 --> 01:36:23,760

careful do you want about that

2215

01:36:27,350 --> 01:36:25,520

because in such a way

2216

01:36:28,790 --> 01:36:27,360

you are beginning the solidifying

2217

01:36:31,669 --> 01:36:28,800

process

2218

01:36:33,189 --> 01:36:31,679

of having lung or breathing issues

2219

01:36:34,629 --> 01:36:33,199

though you may have that already from a

2220

01:36:36,870 --> 01:36:34,639

childhood experience you call it

2221

01:36:38,709 --> 01:36:36,880

asthmatic or bronchitis and so forth and

2222

01:36:41,910 --> 01:36:38,719

so on or even coveted

2223

01:36:45,590 --> 01:36:43,910

has been offered to you

2224

01:36:47,109 --> 01:36:45,600

to open you up so that you may breathe

2225

01:36:49,990 --> 01:36:47,119

in the deliciousness

2226

01:36:52,550 --> 01:36:50,000

of the life breath that simply is you

2227

01:36:54,470 --> 01:36:52,560

not belongs to you it is you how can you

2228

01:37:00,310 --> 01:36:54,480

separate yourself from the breath you

2229

01:37:06,149 --> 01:37:02,950

sometimes you're wanting

2230

01:37:08,310 --> 01:37:06,159

even though it's all energy waves your

2231

01:37:10,470 --> 01:37:08,320

wanting is so strong they become tidal

2232

01:37:13,430 --> 01:37:10,480

waves and what do tidal waves do they

2233

01:37:15,510 --> 01:37:13,440

destroy they destroy every opportunity

2234

01:37:20,470 --> 01:37:15,520

that you're trying to employ

2235

01:37:25,590 --> 01:37:20,480

to bring about this joy in your life

2236

01:37:31,430 --> 01:37:27,510

simply ask

2237

01:37:35,990 --> 01:37:32,629

do you believe

2238

01:37:36,000 --> 01:37:40,310

why are you so hard on yourself

2239

01:37:40,320 --> 01:37:43,350

including the vessel

2240

01:37:47,430 --> 01:37:45,750

why are you so hard

2241

01:37:48,790 --> 01:37:47,440

if you're answering the question that

2242

01:37:50,870 --> 01:37:48,800

was posed

2243

01:37:54,070 --> 01:37:50,880

you've missed the point

2244

01:37:56,229 --> 01:37:54,080

it's rhetorical that's the point

2245

01:37:58,149 --> 01:37:56,239

get my point

2246

01:38:00,550 --> 01:37:58,159

why you so hard on yourself leave it

2247

01:38:04,870 --> 01:38:03,350

and the gate opens why am i so hard on

2248

01:38:06,240 --> 01:38:04,880

myself

2249

01:38:09,189 --> 01:38:06,250

don't look for the answer

2250

01:38:13,510 --> 01:38:09,199

[Music]

2251

01:38:21,109 --> 01:38:16,470

why am i so hard on myself

2252

01:38:23,030 --> 01:38:21,119

then the whole situation gets turned

2253

01:38:26,390 --> 01:38:23,040

over on its head

2254

01:38:29,189 --> 01:38:26,400

and no longer exists does not

2255

01:38:30,390 --> 01:38:29,199

why am i so hard on myself

2256

01:38:32,709 --> 01:38:30,400

then you realize

2257

01:38:38,149 --> 01:38:32,719

the ridiculousness and asking the

2258

01:38:41,750 --> 01:38:39,990

say the word apple 20 times and see what

2259

01:38:43,910 --> 01:38:41,760

happens

2260

01:38:46,070 --> 01:38:43,920

it loses all of its meaning then it

2261

01:38:48,550 --> 01:38:46,080

sounds ridiculous

2262

01:38:50,149 --> 01:38:48,560

likewise stop being ridiculous with

2263

01:38:51,990 --> 01:38:50,159

yourself

2264

01:38:55,610 --> 01:38:52,000

stop playing the foolish game for only

2265

01:38:55,620 --> 01:39:03,510

[Music]

2266

01:39:03,520 --> 01:39:08,790

spirit begins to push

2267

01:39:12,950 --> 01:39:11,590

one is a little more stuck or wobbling

2268

01:39:18,149 --> 01:39:12,960

in the other

2269

01:39:21,189 --> 01:39:19,750

be careful what you ask for

2270

01:39:23,030 --> 01:39:21,199

you want to swim you want to swim you

2271

01:39:24,550 --> 01:39:23,040

want to swim but you won't get into the

2272

01:39:26,310 --> 01:39:24,560

river

2273

01:39:27,510 --> 01:39:26,320

keep saying you want to swim spirit will

2274

01:39:29,750 --> 01:39:27,520

grab you and pick you up and throw you

2275

01:39:38,070 --> 01:39:29,760

in the ring

2276

01:39:42,709 --> 01:39:41,109

no more work

2277

01:39:44,229 --> 01:39:42,719

work on that

2278

01:39:46,070 --> 01:39:44,239

no more work

2279

01:39:53,990 --> 01:39:46,080

leave your past

2280

01:39:55,890 --> 01:39:55,590

trying to be a creator right here right

2281

01:39:57,669 --> 01:39:55,900

now

2282

01:39:59,270 --> 01:39:57,679

[Music]

2283

01:40:02,629 --> 01:39:59,280

dwelling in the past

2284

01:40:03,990 --> 01:40:02,639

to create your future is blind

2285

01:40:06,229 --> 01:40:04,000

mind you

2286

01:40:08,550 --> 01:40:06,239

you will have no such luck as the vessel

2287

01:40:09,990 --> 01:40:08,560

has been describing throughout this

2288

01:40:11,750 --> 01:40:10,000

crossing the bridge to your soul

2289

01:40:15,510 --> 01:40:11,760

presentation

2290

01:40:17,910 --> 01:40:15,520

is not about the words he said it's

2291

01:40:19,270 --> 01:40:17,920

about all the energy transference that

2292

01:40:21,669 --> 01:40:19,280

has happened

2293

01:40:23,910 --> 01:40:21,679

throughout what is being said to this

2294

01:40:26,310 --> 01:40:23,920

very very moment that brings you into a

2295

01:40:28,760 --> 01:40:26,320

greater capacity of the now moment which

2296

01:40:29,910 --> 01:40:28,770

is forever

2297

01:40:31,590 --> 01:40:29,920

[Music]

2298

01:40:33,510 --> 01:40:31,600

it's forever

2299

01:40:35,510 --> 01:40:33,520

you are forever

2300

01:40:38,070 --> 01:40:35,520

enjoy this beautiful endeavor you have

2301
01:40:41,510 --> 01:40:38,080
taken upon yourself

2302
01:40:43,990 --> 01:40:41,520
why are you so hard upon yourself

2303
01:40:46,709 --> 01:40:44,000
be light on yourself

2304
01:40:48,390 --> 01:40:46,719
then naturally you become light

2305
01:40:49,910 --> 01:40:48,400
be heavy on yourself

2306
01:40:53,910 --> 01:40:49,920
and then you become hard and heavy to

2307
01:40:57,189 --> 01:40:55,510
it's easy

2308
01:40:59,510 --> 01:40:57,199
there's no crossing the bridge actually

2309
01:41:02,229 --> 01:40:59,520
it's all an illusion

2310
01:41:05,669 --> 01:41:02,239
but you need this illusion until you no

2311
01:41:07,990 --> 01:41:05,679
longer don't

2312
01:41:10,790 --> 01:41:08,000
figure that one in not out

2313
01:41:12,790 --> 01:41:10,800

and you will win without a doubt you are

2314

01:41:15,030 --> 01:41:12,800

blessed beyond measure your love beyond

2315

01:41:18,229 --> 01:41:15,040

measure spirit enjoys this endeavor to

2316

01:41:20,310 --> 01:41:18,239

be in this treasure trove with you

2317

01:41:29,350 --> 01:41:20,320

as we leave this with you

2318

01:41:33,830 --> 01:41:30,470

thank you

2319

01:41:38,149 --> 01:41:35,910

when you do that do you remember what

2320

01:41:40,709 --> 01:41:38,159

was said

2321

01:41:42,629 --> 01:41:40,719

yes and no the question was asked

2322

01:41:44,310 --> 01:41:42,639

when i do this

2323

01:41:45,750 --> 01:41:44,320

i don't like the word channeling it's

2324

01:41:47,669 --> 01:41:45,760

it's just been too

2325

01:41:50,709 --> 01:41:47,679

beaten up

2326

01:41:53,270 --> 01:41:50,719

falling inside vesseling just just me

2327

01:41:54,390 --> 01:41:53,280

dwelling in my sacred space whatever you

2328

01:41:56,070 --> 01:41:54,400

deem it

2329

01:42:00,709 --> 01:41:56,080

some of it i do remember

2330

01:42:00,719 --> 01:42:08,629

what i long for

2331

01:42:08,639 --> 01:42:13,990

is what i feel like when i'm in there

2332

01:42:18,390 --> 01:42:16,470

what i long for

2333

01:42:20,629 --> 01:42:18,400

is to bring this into my life and

2334

01:42:22,390 --> 01:42:20,639

overnight states of consciousness which

2335

01:42:24,229 --> 01:42:22,400

i am and i do

2336

01:42:26,229 --> 01:42:24,239

but to the level

2337

01:42:28,790 --> 01:42:26,239

i'm able to be in that space of extended

2338

01:42:30,390 --> 01:42:28,800

awareness that we did consciously is

2339

01:42:32,229 --> 01:42:30,400

happening

2340

01:42:34,470 --> 01:42:32,239

i'm moving towards

2341

01:42:36,390 --> 01:42:34,480

i'm in high school and graduation is two

2342

01:42:37,669 --> 01:42:36,400

months from now kind of idea not that

2343

01:42:40,149 --> 01:42:37,679

it's two months away from me but that's

2344

01:42:41,430 --> 01:42:40,159

just the analogy

2345

01:42:42,790 --> 01:42:41,440

but i really don't want to leave that

2346

01:42:44,709 --> 01:42:42,800

space

2347

01:42:46,390 --> 01:42:44,719

i feel such joy

2348

01:42:47,910 --> 01:42:46,400

such bliss

2349

01:42:50,390 --> 01:42:47,920

i don't care about anything else really

2350

01:42:55,590 --> 01:42:50,400

and it's not i'm not caring i don't have

2351

01:43:00,790 --> 01:42:58,950

i think this is whatever i think i found

2352

01:43:03,109 --> 01:43:00,800

what many of us have found and everyone

2353

01:43:07,350 --> 01:43:03,119

else who has not found it yet is truly

2354

01:43:10,470 --> 01:43:08,950

you will know you are there in the

2355

01:43:12,870 --> 01:43:10,480

garden with something so beautiful

2356

01:43:15,350 --> 01:43:12,880

simply just happens to you and you lose

2357

01:43:17,830 --> 01:43:15,360

yourself so much to the capacity

2358

01:43:20,629 --> 01:43:17,840

you have no choice for in grabbing it

2359

01:43:23,270 --> 01:43:20,639

grabbing you with everything it has

2360

01:43:26,470 --> 01:43:23,280

and just pulling you into it

2361

01:43:28,790 --> 01:43:26,480

to where you lose your identity

2362

01:43:29,910 --> 01:43:28,800

if your walk is with jesus be with jesus

2363

01:43:33,189 --> 01:43:29,920

so much

2364

01:43:35,350 --> 01:43:33,199

that you lose your identity that you

2365

01:43:37,189 --> 01:43:35,360

become the christ itself if you walk us

2366

01:43:39,669 --> 01:43:37,199

with the buddha you become involved with

2367

01:43:41,750 --> 01:43:39,679

your deity so much that you lose your

2368

01:43:44,310 --> 01:43:41,760

identity that is called

2369

01:43:46,629 --> 01:43:44,320

samadhi contributing with god and so

2370

01:43:49,669 --> 01:43:46,639

when i go into this vesseling mode

2371

01:43:51,990 --> 01:43:49,679

it allows me to be in that cave

2372

01:43:55,109 --> 01:43:52,000

and it helps me move from slave to brave

2373

01:43:57,189 --> 01:43:55,119

i have to be brave you will be afraid

2374

01:43:59,189 --> 01:43:57,199

as you step towards your life

2375

01:44:00,709 --> 01:43:59,199

don't be afraid of being free

2376

01:44:01,750 --> 01:44:00,719

you can't dance around you can't go over

2377

01:44:03,270 --> 01:44:01,760

you can only go through it

2378

01:44:04,830 --> 01:44:03,280

[Music]

2379

01:44:07,510 --> 01:44:04,840

it's

2380

01:44:09,109 --> 01:44:07,520

nervy but you will champion the mountain

2381

01:44:11,590 --> 01:44:09,119

but you have to want to

2382

01:44:13,540 --> 01:44:11,600

hike you have to want to hike up the

2383

01:44:15,590 --> 01:44:13,550

mountain to ever get to the apex

2384

01:44:17,430 --> 01:44:15,600

[Music]

2385

01:44:18,870 --> 01:44:17,440

there's bears that sleep in the woods

2386

01:44:20,950 --> 01:44:18,880

when you're sleeping at night and you're

2387

01:44:22,310 --> 01:44:20,960

hiking towards the summit it's a little

2388

01:44:24,070 --> 01:44:22,320

nervy to know that you have such things

2389

01:44:26,390 --> 01:44:24,080

about you

2390

01:44:28,229 --> 01:44:26,400

likewise in life there are things moving

2391

01:44:30,550 --> 01:44:28,239

about you and that current and that

2392

01:44:31,669 --> 01:44:30,560

swimming pool or cesspool if you're

2393

01:44:33,750 --> 01:44:31,679

standing in the middle you're not

2394

01:44:35,590 --> 01:44:33,760

affected you reach out towards the event

2395

01:44:38,149 --> 01:44:35,600

horizon you get pulled into the swimming

2396

01:44:39,590 --> 01:44:38,159

pool and now you're lost into the

2397

01:44:41,030 --> 01:44:39,600

this what do you call that the uh the

2398

01:44:42,629 --> 01:44:41,040

whirlpool that used to do this kid in

2399

01:44:44,229 --> 01:44:42,639

the pool you get pulled into the current

2400

01:44:46,550 --> 01:44:44,239

and it gets pretty hard

2401
01:44:48,790 --> 01:44:46,560
especially when you try to buck it

2402
01:44:50,709 --> 01:44:48,800
everyone

2403
01:44:52,470 --> 01:44:50,719
is in the live stream there's nothing

2404
01:44:55,830 --> 01:44:52,480
you can do about it you cannot do

2405
01:44:58,070 --> 01:44:55,840
anything about being in the live stream

2406
01:45:00,310 --> 01:44:58,080
and everyone is moving

2407
01:45:01,750 --> 01:45:00,320
downstream in the live stream but not

2408
01:45:04,149 --> 01:45:01,760
everyone is moving downstream their

2409
01:45:05,669 --> 01:45:04,159
lives are unconscious

2410
01:45:07,830 --> 01:45:05,679
they're trying to go upstream like

2411
01:45:09,669 --> 01:45:07,840
salmon

2412
01:45:11,510 --> 01:45:09,679
which is hard to do only to be eaten

2413
01:45:14,790 --> 01:45:11,520

about a bed by a bear when you think

2414

01:45:17,990 --> 01:45:16,870

and when you move against the current

2415

01:45:19,990 --> 01:45:18,000

you become

2416

01:45:22,149 --> 01:45:20,000

the turbulence the rapids the stones

2417

01:45:23,350 --> 01:45:22,159

that resist the stream and it causes

2418

01:45:25,510 --> 01:45:23,360

trouble

2419

01:45:26,870 --> 01:45:25,520

you let go

2420

01:45:28,070 --> 01:45:26,880

you don't have to put you don't have to

2421

01:45:29,350 --> 01:45:28,080

paddle

2422

01:45:33,030 --> 01:45:29,360

yourself and turn yourself around just

2423

01:45:38,550 --> 01:45:34,629

merrily merrily merrily life is with a

2424

01:45:39,910 --> 01:45:38,560

dream you begin to move the current

2425

01:45:42,070 --> 01:45:39,920

how do i know i'm always moving the

2426

01:45:43,669 --> 01:45:42,080

current did you break your toe yesterday

2427

01:45:44,790 --> 01:45:43,679

did you have this issue doesn't mean

2428

01:45:45,830 --> 01:45:44,800

you're not going to have these trials

2429

01:45:48,550 --> 01:45:45,840

and tribulations these trials and

2430

01:45:50,550 --> 01:45:48,560

tribulations are your ticket to the

2431

01:45:51,590 --> 01:45:50,560

conscious term because they're showing

2432

01:45:56,830 --> 01:45:51,600

you

2433

01:45:59,750 --> 01:45:56,840

[Music]

2434

01:46:01,669 --> 01:45:59,760

ah don't walk around in my house knowing

2435

01:46:03,750 --> 01:46:01,679

my wife is gonna buy new furniture when

2436

01:46:05,750 --> 01:46:03,760

i'm not aware of it to walk into the

2437

01:46:08,470 --> 01:46:05,760

house to stub my toe

2438

01:46:10,709 --> 01:46:08,480

to break my foot whatever just become

2439

01:46:11,669 --> 01:46:10,719

aware of your life how do you become

2440

01:46:13,590 --> 01:46:11,679

aware

2441

01:46:14,790 --> 01:46:13,600

tasting your mouth

2442

01:46:16,070 --> 01:46:14,800

what do you hear

2443

01:46:18,070 --> 01:46:16,080

what are you feeling do you see the

2444

01:46:20,550 --> 01:46:18,080

lights above you so you've directed your

2445

01:46:22,470 --> 01:46:20,560

awareness to all these points

2446

01:46:25,510 --> 01:46:22,480

and then you say can i do this all at

2447

01:46:29,189 --> 01:46:27,830

i can taste the taste in my mouth i can

2448

01:46:30,950 --> 01:46:29,199

feel the temperature of my skin the

2449

01:46:32,790 --> 01:46:30,960

lights in the room the sounds in them

2450

01:46:35,830 --> 01:46:32,800

all at one time and the gate begins to

2451

01:46:38,070 --> 01:46:35,840

open and now you have compared yourself

2452

01:46:41,109 --> 01:46:38,080

to the largest capacity because

2453

01:46:43,189 --> 01:46:41,119

awareness always dissipates darkness in

2454

01:46:44,629 --> 01:46:43,199

the light of awareness be the light of

2455

01:46:46,149 --> 01:46:44,639

awareness

2456

01:46:49,030 --> 01:46:46,159

passion

2457

01:46:51,430 --> 01:46:49,040

sincerity humility and vulnerability i

2458

01:46:53,270 --> 01:46:51,440

promise you if you use passion i'm just

2459

01:46:55,030 --> 01:46:53,280

i'm going to make this happen god damn

2460

01:46:56,390 --> 01:46:55,040

it i'm gonna make this happen

2461

01:46:58,629 --> 01:46:56,400

that word in of itself is pretty

2462

01:47:00,790 --> 01:46:58,639

powerful that's passion

2463

01:47:03,510 --> 01:47:00,800

i'm sincere about this

2464

01:47:05,669 --> 01:47:03,520

i really want this i mean it

2465

01:47:08,070 --> 01:47:05,679

humility be of service

2466

01:47:10,149 --> 01:47:08,080

humility to what you think you know

2467

01:47:11,270 --> 01:47:10,159

humility to be open to the things that

2468

01:47:13,189 --> 01:47:11,280

you don't know

2469

01:47:14,790 --> 01:47:13,199

and vulnerability brings you to the

2470

01:47:16,950 --> 01:47:14,800

space of all the things i've gleaned

2471

01:47:18,790 --> 01:47:16,960

from my passion sincerity and humility

2472

01:47:19,990 --> 01:47:18,800

i'm opening myself up and letting the

2473

01:47:22,070 --> 01:47:20,000

light shine

2474

01:47:33,030 --> 01:47:22,080

be that right